

USE THIS WORD  
LIST LIST TO  
LEARN ABOUT  
HOW YOU SEE  
YOURSELF AND  
OTHER KEY  
PEOPLE IN YOUR  
LIFE.

**OF THESE  
WHICH WOULD  
YOU SAY:**

-MOST  
DESCRIBES YOU  
OR SOMEONE  
ELSE?

-LEAST YOU  
DESCRIBES YOU  
OR SOMEONE  
ELSE?

-WHICH DO YOU  
MOST FEEL?

-WHICH DO YOU  
MOST EXPRESS

ABLE  
ACCEPTED  
ACCEPTING  
ACCOMODATING  
ACCOUNTABLE  
ACCURATE  
ACTIVE  
ADAPTABLE  
ADMIRABLE  
ADVENTUROUS  
AFFECTIONATE  
AFRAID  
AGGRESSIVE  
AGILE  
AGREEABLE  
AIMLESS  
ALARMED  
ALERT  
ALIENATED  
ALOOF  
ALTRUISTIC  
AMBITIOUS  
ANALYTICAL  
ANGRY  
ANNOYED

ANNOYING  
ANXIOUS  
APATHETIC  
APPRECIATED  
APPRECIATIVE  
APPREHENSIVE  
ARGUMENTATIVE  
ARTICULATE  
ARTISTIC  
ASCETIC  
ASSERTIVE  
ATHLETIC  
ATTENTIVE  
ATTRACTIVE  
AUTHENTIC  
AUTHORITARIAN  
AUTHORITATIVE  
AWARE  
AWKWARD  
BEATEN  
BEAUTIFUL  
BEGRUDGING  
BEWILDERED  
BITTER  
BOLD  
BORED  
BORING  
BRAINY  
BRAVE  
BRIGHT  
BURDENED  
BUSY  
CALM  
CANDID  
CAPABLE  
CAREFREE  
CAREFUL  
CARELESS  
CARING  
CATTY  
CAUTIOUS  
CERTAIN  
CHARMING  
CHEERFUL  
CHILDISH  
CHILDLIKE  
CLEVER  
CLOSED  
CLUMSY  
COLD  
COMFORTABLE  
COMFORTING  
COMICAL  
COMMANDING

COMMITTED  
COMMUNICATIVE  
COMPASSIONATE  
COMPETENT  
COMPETITIVE  
COMPLACENT  
COMPLEX  
CONCEITED  
CONCERNED  
CONFIDENT  
CONFORMING  
CONFUSED  
CONNECTED  
CONTENTED  
CONSCIENTIOUS  
CONSERVATIVE  
CONSIDERATE  
CONSISTENT  
CONSTRICTED  
CONSTRUCTIVE  
CONTENT  
CONTROLLED  
CONTROLLING  
CONVINCING  
COOPERATIVE  
COURAGEOUS  
COWARDLY  
CRANKY  
CRAZY  
CREATIVE  
CRITICAL  
CRUEL  
CURIOUS  
CUT OFF  
CYNICAL  
DARING  
DECEITFUL  
DECISIVE  
DEDICATED  
DEEP  
DEFEATED  
DEJECTED  
DELIBERATE  
DEMANDING  
DEPENDABLE  
DEPENDENT  
DEPRESSED  
DEPRIVED  
DESIRABLE  
DESPERATE  
DESPONDENT  
DESTRUCTIVE  
DETACHED  
DETERMINED

DEVIOUS  
DICTATORIAL  
DIGNIFIED  
DILIGENT  
DISAGREEABLE  
DISAPPOINTED  
DISCERNING  
DISCIPLINED  
DISCOURAGED  
DISCOURAGING  
DISCOURTEOUS  
DISCREET  
DISCRIMINATING  
DISHONEST  
DISINTERESTED  
DISORGANIZED  
DISTINCTIVE  
DISTRACTED  
DOCILE  
DOMINANT  
DOMINATING  
DOMINEERING  
DRAMATIC  
DUMB  
DUTIFUL  
EAGER  
EAGER TO PLEASE  
EAGER TO IMPRESS  
EASYGOING  
ECONOMICAL  
EFFERVESCENT  
EFFICIENT  
EGOCENTRIC  
ELOQUENT  
ELUSIVE  
EMBARRASSED  
EMOTIONAL  
EMPATHIC  
ENCOURAGING  
ENERGETIC  
ENIGMATIC  
ENTERPRISING  
ENTHUSIASTIC  
ENVIOUS  
EVASIVE  
EVIL  
EXACT  
EXCITED  
EXHILARATED  
EXPERIMENTING  
EXPLORATIVE  
EXPRESSIVE  
EXTROVERTED  
FAIR

FAITHFUL  
FASCINATED  
FATALISTIC  
FEARFUL  
FLEXIBLE  
FLIGHTY  
FLIRTATIOUS  
FOOLISH  
FORCEFUL  
FORGETFUL  
FORGIVING  
FORMAL  
FRANK  
FREE  
FRIENDLY  
FRIGID  
FRUSTRATED  
FULFILLED  
FUNNY  
GENEROUS  
GENIAL  
GENTLE  
GENUINE  
GIDDY  
GIVING  
GLAD  
GLOOMY  
GOOD  
GOOD LISTENER  
GOOD LOOKING  
GOOD NATURED  
GOSSIPY  
GRACEFUL  
GRACIOUS  
GRATEFUL  
GREEDY  
GRUFF  
GUILT-RIDDEN  
GUILTY  
GULLIBLE  
GUTLESS  
HAPPY  
HARD  
HARDWORKING  
HATEFUL  
HEALTHY  
HEAVY  
HELPFUL  
HELPLESS  
HONEST  
HONORABLE  
HOPEFUL  
HOPELESS  
HOSTILE

HOT-TEMPERED	ISOLATED	NOISY	PRAGMATIC	RISKY
HUMBLE	JEALOUS	NORMAL	PRAYERFUL	ROBUST
HUMORLESS	JOVIAL	NOSY	PRECISE	RUDE
HUMOROUS	JUDGMENTAL	OBESE	PREDICTABLE	SAD
HYPERACTIVE	JUVENILE	OBJECTIVE	PREJUDICED	SADISTIC
HYPOCHONDRIAC	KIND	OBLIVIOUS	PRETENTIOUS	SARCASTIC
HYPOCRITICAL	KNOWLEDGEABLE	OBNOXIOUS	PRETTY	SATISFIED
IDEALISTIC	LAWABIDING	OBSCENE	PRINCIPLED	SCARED
IGNORED	LAZY	OBSERVANT	PROBING	SCARY
IMAGINATIVE	LEARNED	OBSESSIVE	PROCRASTINATING	SCHOLARLY
IMMATURE	LEWD	OLD	PRODUCTIVE	SEARCHING
IMMOBILIZED	LIBERAL	OPEN	PROGRESSIVE	SECURE
IMPATIENT	LIGHT	OPEN-MINDED	PROMPT	SEDUCTIVE
IMPETUOUS	LIGHT-HEARTED	OPTIMISTIC	PROTECTIVE	SELF-ACCEPTING
IMPOLITE	LIKABLE	ORDERLY	PROUD	SELF-AWARE
IMPRESSIONABLE	LIVELY	ORGANIZED	PUNCTUAL	SELF-CENTERED
IMPROPER	LOGICAL	ORIGINAL	QUARRELSOME	SELF-CONSCIOUS
INADEQUATE	LONELY	OUTGOING	QUESTIONING	SELF-DETERMINING
INATTENTIVE	LOST	OUTSPOKEN	QUIET	SELF-DIRECTED
INCOMPETENT	LOUDMOUTHED	OVERBURDENED	RADICAL	SELF-DISCIPLINED
INCONSIDERATE	LOVABLE	OVEREMOTIONAL	RATIONAL	SELF-EFFACING
INCONSISTENT	LOVED	OVERPROTECTING	RATIONALIZING	SELF-INDULGENT
INDECISIVE	LOVING	PANICKY	REACTIONARY	SELF-INITIATING
INDEPENDENT	LOYAL	PARANOID	REAL	SELFISH
INDIFFERENT	MAD	PASSIONATE	REALISTIC	SELF-PITYING
INDIVIDUALISTIC	MALICIOUS	PASSIVE	REASONABLE	SELF-RELIANT
INDUSTRIOUS	MANIPULATED	PATERNAL	REASSURING	SELF-RESPECTING
INFERIOR	MANIPULATIVE	PATIENT	REBELLIOUS	SELF-RIGHTEOUS
INFLUENTIAL	MARTYRED	PEACEFUL	REFLECTIVE	SELF-SUFFICIENT
INFORMAL	MASKED	PERCEPTIVE	REGRETFUL	SENSIBLE
INFORMED	MASOCHISTIC	PERFECTIONISTIC	REJECTED	SENSITIVE
INGENIOUS	MATERIALISTIC	PERSECUTED	REJECTING	SENSUOUS
INHIBITED	MATERNAL	PERSUASIVE	RELAXED	SENTIMENTAL
INITIATING	MATURE	PERSISTENT	RELIABLE	SERIOUS
INNOVATIVE	MELANCHOLY	PESSIMISTIC	RELIGIOUS	SETTLED
INQUIRING	MERRY	PETTY	REMORSEFUL	SEXY
INQUISITIVE	METICULOUS	PHILOSOPHICAL	REMOTE	SHALLOW
INSECURE	MISUNDERSTOOD	PHONY	REPULSIVE	SHARP
INSENSITIVE	MODEST	PHYSICALLY FIT	RESENTFUL	SHORT
INSINCERE	MOODY	PICKY	RESERVED	SHREWD
INSIGHTFUL	MORAL	PIOUS	RESOLUTE	SHY
INTELLIGENT	MOTIVATED	PITIFUL	RESOURCEFUL	SICKLY
INTERESTED	MUSCULAR	PLACID	RESPECTED	SILLY
INTERESTING	MUSICAL	PLAYFUL	RESPECTFUL	SIMPLE
INTIMATE	MYSTICAL	PLEASANT	RESPONSIBLE	SINCERE
INTOLERANT	NAGGING	PLEASED	RESPONSIVE	SKILLFUL
INTROSPECTIVE	NAIVE	POISED	RESTRAINED	SLOPPY
INTROVERTED	NARCISSISTIC	POLITE	RETENTIVE	SLOW
INTUITIVE	NEAT	POMPOUS	RETICENT	SLUGGISH
INVENTIVE	NEEDY	POSITIVE	REVERENTIAL	SLY
INVOLVED	NEGATIVE	POSSESSIVE	REWARDED	SMART
IRRATIONAL	NERVOUS	POUTING	RIGHTEOUS	SMUG
IRRESPONSIBLE	NEUROTIC	POWERFUL	RIGID	SNOBBISH
IRRITABLE	NICE	PRACTICAL	RISK-TAKING	SOCIABLE

SOFT-HEARTED	UNCOOPERATIVE
SOPHISTICATED	UNCOORDINATED
SPIRITED	UNDERSTANDING
SPIRITUAL	UNETHICAL
SPONTANEOUS	UNFEELING
STABLE	UNFRIENDLY
STARTLED	UNGRATEFUL
STEADFAST	UNINFORMED
STEADY	UNIQUE
STIMULATING	UNLOVABLE
STINGY	UNLOVING
STRONG	UNMOTIVATED
STRONG-WILLED	UNOBSERVANT
STUBBORN	UNRELIABLE
STUDIOUS	UNRESPONSIVE
STUPID	UNRESTRAINED
SUBMISSIVE	UNSELFISH
SUCCESSFUL	UNSTABLE
SUFFOCATING	UNSTRUCTURED
SUICIDAL	UNTRUSTWORTHY
SULLEN	UPSET
SUPERFICIAL	UPTIGHT
SUPERIOR	USED
SUPPORTED	USELESS
SUSPICIOUS	VALUABLE
SYMPATHETIC	VALUED
SYSTEMATIC	VENTURESOME
TACTFUL	VICTIMIZED
TALENTED	VINDICTIVE
TALKATIVE	VIOLENT
TALL	VULGAR
TENDER	WARM
TENSE	WEAK
TERRIFIED	WEALTHY
THANKFUL	WEARY
THIN	WELL-INFORMED
THINKING	WELL-
THOUGHTFUL	MANNERED
THREATENED	WISE
TIMID	WISHY WASHY
TIRED	WITHDRAWN
TIRELESS	WITTY
TOLERANT	WORRISOME
TOUCHY	YOUTHFUL
TOUGH	ZESTFUL
TRADITIONAL	
TRIUMPHANT	
TROUBLED	
TRUSTING	
TRUSTWORTHY	
TWO-FACED	
UNAPPRECIATED	
UNASSERTIVE	
UNCERTAIN	