

The Tale of the Two Wolves (Class 1 Homework)

A Cherokee grandfather teaching Tribal ways and philosophies on life to his grandson, spoke:

"A fight is going on inside me. It is a terrible fight between two wolves.

One wolf is evil. He is anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false-pride, superiority and ego .

The other wolf is good. He is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith."

Looking straight into his grandson's eyes, the old man continues:

"This same fight is going on inside you and every person in the world ."

His grandson, thinking about this phenomenon for a moment, asks his wise old grandfather:

"Which wolf will win?"

The Cherokee grandfather replies:

"The one you feed."
