

Easy Skeet Shoot

TOPIC: *Violence*

SCRIPTURE: *Matthew 5:21-22*

SUPPLIES: *paper plates, rubber bands*

Have students form pairs. Give each pair several paper plates and several rubber bands. Explain to pairs that you're giving them two minutes to shoot their paper plates as many times as they can. Instruct partners that they're to work as a team to accomplish this. Partners must remain five steps apart at all times. One person in the pair will toss the paper plates in the air, while the other will shoot rubber bands at the paper plates. After one minute, partners should switch roles.

Have each pair find a place in the room to shoot. When pairs are ready, give them the signal to begin. After one minute, give pairs the signal to switch. After another minute, call time. Congratulate the pair that hit its plates the most often, and congratulate everyone's marksmanship.

DISCUSSION

- Is it OK to pretend to be violent or to pretend to do something violent? Explain.
- What do you consider to be violent? What isn't violent?
- How do you think God feels about violence?
- How should we react to threats of violence? when we see violence?