

## DO: CONTRIBUTIONS AND ACCOMPLISHMENTS

“Do” addresses the contributions and accomplishments that tie to your purpose and values. It answers the question, “What am I about?” Think about and respond to the questions below.

1. When I daydream, what do I see myself doing?

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2. If I had unlimited time and resources, what would I choose to do?

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3. When I look at my work life, which activities do I consider of greatest worth?

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4. When I look at my personal life, which activities do I consider of greatest worth?

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5. What do I consider to be my most important future contribution to others?

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6. What talents do I have, whether developed or undeveloped?

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7. Are there things I feel I really should do even though I might have dismissed such thoughts many times before for various reasons? What are they?

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