

Prayer for the Day

Dear Lord, help me to remove from my mind every thought or opinion which You would not approve.

Grant that I may spend the hours of the day gladly working with You according to Your will.

In the day's worries and disappointments, that I may be patient with myself and with those around me and be mindful of others rather than of myself.

Dear Lord, grant me the guidance of the Holy Spirit so that I can live according to the values of Jesus.

Amen