

# HEAVY STUFF

## GETHSEMANE

Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me." Going a little farther, he fell with his face to the ground and prayed, "My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will." Then he returned to his disciples and found them sleeping, "Could you men not keep watch with me for one hour?" he asked Peter. "Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak."

He went away a second time and prayed, "My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done."

When he came back, he again found them sleeping, because their eyes were heavy. So he left them and went away once more and prayed the third time, saying the same thing. Then he returned to the disciples and said to them, "Are you still sleeping and resting? Look, the hour is near, and the Son of Man is betrayed into the hands of sinners. Rise, let us go! Here comes my betrayer!" Matt26

1. When have you fallen asleep at a very embarrassing moment? ☐ in church  
☐ in class or at work ☐ on a date ☐ during a concert or show ☐ other:
2. What was the hardest part of this experience for Jesus? ☐ being let down by his friends  
☐ submitting to God's will ☐ preparing for the cross
3. Where is the "Garden of Gethsemane" that you go to when you're faced with making a big decision?  
☐ my bedroom ☐ my favorite place outdoors ☐ church ☐ online  
☐ ball field or gym ☐ I don't really have a place. ☐ other:
4. In the last 12 months, what is the closest you have come to facing your own personal Gethsemane- where you needed to submit to God's will and not yours?
5. What is the biggest issue you are facing in your spiritual life right now? ☐ sorting out my values  
☐ choosing the right friends ☐ making time for God every day  
☐ cleaning up my life / breaking some old habits ☐ sharing my faith openly  
☐ knowing what God wants me to do with my life ☐ other:
6. What is harder for you?  
☐ knowing what God wants me to do  
☐ doing what I know God wants me to do  
☐ standing alone when my friends or family don't support me  
☐ being consistent
7. What have you found helpful in determining the will of God for your life? ☐ studying the Bible  
☐ praying ☐ asking the counsel of another Christian ☐ attending church ☐ other:
8. When it comes to doing the will of God, how would you finish this sentence? "I desire to do God's will ..."  
☐ all of the time ☐ most of the time ☐ some of the time ☐ rarely
9. What decision are you going to face in the near future where you need to seek God's will?
10. How can the group pray for this situation and for other needs in your life?