

# Lean on Thee

**The topic** Trusting God in the middle of pain and struggle

**The object** A variety of canes and crutches, maybe even a walker. If your church's elderly don't want to part with them, you can always buy 'em at a thrift store. Try to get a baby walker, too—the suspended seat on wheels babies propel themselves around in before they can walk.

**The lesson** As you show all the canes and crutches and walkers you've brought, give a short explanation about how they're used . . . the variety of ailments, disabilities, injuries, etc., that cause people to need them . . . the common function *all* the devices have: those who need the help can lean on them.

**The Bible says**  
that God is the  
one you can lean  
on when you're  
hurt or  
broken or  
tired or  
just can't  
keep your  
balance. He  
can support you  
and keep you from falling—if you lean on him.



## **The Word** Psalm 37:23-24; 1 Peter 5:6-7

*See also Isaiah 35:3-6; Jude 24-25 (This passage might be a good closing prayer or benediction)*

### **Discussion starters**

1. What are the basic requirements of a good cane or crutch (see Proverbs 25:19)?
2. Some people say Christianity is totally lame, and all the talk about God is nothing but a crutch. What do you say to that?
3. **What are some ways that even strong, fit, and in shape people are crippled on the inside?**
4. Say we agree that Christianity is a crutch. What other crutches do people use to make their way through life? Does everyone have a crutch of some sort?

### **Life changers**

1. What are you leaning on to help you make it through?
2. What disability of the soul might you have that weighs you down or makes it hard for you to walk in freedom and strength?
3. If you're a little reluctant to lean on Christ and put the full weight of your burdens on him, why?