

Dear God

One way to help youth remember a confession and commitment they have made at the end of a retreat, at a special service, or as a conclusion to a special study unit is to have them write a letter to God.



Materials needed: Stationery, plain white envelopes, pens, and a suggested guide for the letter. If desired, you could mimeograph a skeleton letter and have them fill in the blank areas.

Dear God,

Today (Tonight) I did some serious thinking about our relationship. I have decided that I want to confess some things I have been doing wrong, and share with you some promises I am making for the future.

I want to confess these things:

In the future I promise to:

I want to thank you for these things:

Some private things I want to share with you:

Love,

Ask participants to place completed letters in envelopes, seal them, and address them to themselves. Collect the sealed and self-addressed letters. Keep them for several months and then mail them as a reminder to each person of the promises made to God.

