

## **PRAYER OF TRUST**

O Lord, help me believe that behind the clouds there is the sun even when it rains, help me believe the barren trees of autumn will bear new leaves again if I am patient enough to wait.

O Lord, help me realize the only way to reach a mountain is to accept to go through the long valley, the only way a candle can share its light is by gradually dying to itself.

Dear Lord, teach me to let go of the securities that make me insecure, teach me to let go of the fears that make me restless and impatient.

Yes, I am afraid because I am so used to being in control.

I don't like to feel vulnerable. I get edgy and irritable. I wish it would be different, but that's the way it is.

But this is your world, Lord, not mine.

I am here to serve you and understand you and I need to trust the message of my imperfections.

I place myself into your arms just like a child who feels secure in his mother's arms. Help me trust what I cannot control, help me walk where I cannot see, help me believe that behind the clouds there is your rising sun.

**AMEN.**