

## Dear God

One way to help youth remember a confession and commitment they have made at the end of a retreat, at a special service, or as a conclusion to a special study unit is to have them write a letter to God.



Materials needed: Stationery, plain white envelopes, pens, and a suggested guide for the letter. If desired, you could mimeograph a skeleton letter and have them fill in the blank areas.

*Dear God,*

*Today (Tonight) I did some serious thinking about our relationship. I have decided that I want to confess some things I have been doing wrong, and share with you some promises I am making for the future.*

*I want to confess these things:*

*In the future I promise to:*

*I want to thank you for these things:*

*Some private things I want to share with you:*

*Love,*

Ask participants to place completed letters in envelopes, seal them, and address them to themselves. Collect the sealed and self-addressed letters. Keep them for several months and then mail them as a reminder to each person of the promises made to God.

