

How to save yourself?:

blessing yourself with Holy water
giving money to the poor
knowing your religion
confessing & being sorry for your sins
receiving the sacraments
meditating
Loving Mary
Following the Pope
Lighting candles
going on Pilgrimage to a Holy place
living in poverty
going to mass
doing good works
learning facts about faith

these are things we do out of love and devotion
but never to achieve any benefit for ourselves, namely salvation

How do we attain salvation?

we do not

it is a gift given opened up and made available by the loving sacrifice of Christ