

# FAITH INVENTORY

A helpful way for young people to clarify and evaluate their beliefs is to take a faith inventory now and then. The process is fairly simple. Copy the faith statements and give a copy to each person. Next to each statement is a continuum with one representing total unbelief and 10 representing total belief. The kids are to read each statement and decide just how much or how little they believe it and circle the appropriate number.

Kids should be assured that they can be honest and not feel any less a Christian just because they express some doubts. Most everyone has doubts about certain things, and it is through those doubts that growth takes place. They need to be assured that God loves them even though they can't give every statement of faith a 10. This exercise can be useful to determine where kids need a little more guidance. Discuss each statement with the entire group, allowing kids to share on a volunteer basis how they rated each one and why. This can be used many times with excellent results.

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1. I believe in God.	1	2	3	4	5	6	7	8	9	10
2. God loves me.	1	2	3	4	5	6	7	8	9	10
3. I love God.	1	2	3	4	5	6	7	8	9	10
4. Jesus is God.	1	2	3	4	5	6	7	8	9	10
5. God forgives me for my sins.	1	2	3	4	5	6	7	8	9	10
6. God hears my prayer.	1	2	3	4	5	6	7	8	9	10
7. God answers my prayers.	1	2	3	4	5	6	7	8	9	10
8. I believe in life after death.	1	2	3	4	5	6	7	8	9	10
9. I believe the Bible is true.	1	2	3	4	5	6	7	8	9	10
10. I do what the Bible says.	1	2	3	4	5	6	7	8	9	10