

REFLECTIONS IN A ROCK

Sometime prior to your youth service, collect some rocks, enough rocks so each person in your group receives one. Collecting these rocks may take some time depending on the number that will be participating; but time well spent because each rock should, if possible, be quite different in shape, color, roughness, size, etc.

The next step is to form a circle with your group as close together as possible. Before handing out the rocks explain in detail the object of this, which would be your introduction for your lesson.

You should explain that each person will receive a rock and that they will be given time to study, to examine in great detail, their own rock; they should know its complete detail. Then they should ask God what he can show them in their rock that reflects their own life. (Example: the sharp edge on one side of the rock might represent sin in one's life that needs to be smoothed out and that like the water of a swift stream smooths the stone, so might people, parents, youth leaders, etc.) You the leader will be pleased as you see youth participate like never before. You'll learn things in kid's lives you'd never discover in a counseling discussion or even by being close to them. They'll reflect the past, present, and even future process they feel will have to occur so that God can use them daily.