

In the following imagination exercise we are going to explore our aspirations or dreams for the future.

Imagine a holy and peaceful place. It could be an imaginary place or an actual sacred place you have visited, such as a church or somewhere beautiful in nature. In this place you feel God's presence. Feel yourself kneeling before God. Hear yourself telling God all the great plans you have for your life. What you hope to accomplish in school. What you hope to accomplish in a career. What you hope to accomplish in your relationships with friends. What you hope for in your vocation as a married person (or a single person, or a priest, or a religious brother). What you hope for in your relationship with God. Go back over some of these areas and imagine yourself accomplishing great things. Imagine yourself meeting all of your expectations and more.