

Jesus, Our Savior

Icebreaker: One time when I was suffering, a friend helped me by....

1. Ask each person to report back on the action she or he took during the week to reach out to a friend.
2. Discuss the reaction of the teenagers to the problem of suffering in the world.
3. Discuss the greatest form of suffering in the world from the teenagers' perspective.
4. Discuss some ways we can (or we have) put an end to suffering.
5. Brainstorm some times from the life of Jesus when Jesus put an end to a particular suffering. Discuss how Jesus confronted His own personal suffering and death.
6. Read Luke 4:16 to 22 while playing some classical music in the background. Give the teenagers some time to reflect on the reading.
7. Discuss the reading with the teenagers using the five questions as a basis for your discussion.
8. Ask the teenagers to think of a specific action that they can take to bring some glad tidings to the poor.