

Use a “battle-of-the-scars” to spark a lesson on Jesus’ healing power.

Start your Bible study by telling your group that you’re going to have a “scar-off.” Begin with your own story about a scar on your body and how you got it. When you tell your story, be animated and melodramatic. Then ask someone in your group to try and beat your scar story with a better one. The stories have to be true, and they should be about a scar, not a broken bone or some other injury. Encourage teenagers to show their scars—if they’re viewable—to verify the stories’ authenticity. Try to save the biggest and best story for last—one of your own or one from an adult leader.

Afterward, ask: **What are some things that help bring about healing when we have physical injuries? What beneficial effect might scars have?** Read aloud Isaiah 53:1-6. Then ask: **What are some types of scars that sin might leave? Is every scar that’s left by sin permanent? Why or why not? What are the ways in which Jesus’ stripes have brought you healing? What scar do you have that can remind you of something that Jesus has done for you?**

Close by having another “scar-off,” and this time tell bigger and better stories of how Jesus’ love has shaped you.

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