

1. How did you do with your response to God's Love during the week?
2. Think about some areas of your life where you need healing.
3. Luke 13:10 to 13
  - a. One person from the group will stand bent over in the center of the group.
  - b. Each person in the group will write a burden they have on a piece of paper and place it on the back of the person in the center of the group (that person will become more bent down with each piece of paper).
  - c. Then each person in the group thinks of an action that will ease a burden and help someone to become free. As she or he says the action, she or he can remove a piece of paper from the back of the person in the center of the group and the person can become more upright with each removal.
4. Are there times when burdens really get me down?
5. How did I feel when I laid a burden on "the bent-over-youth"?
6. How did I feel when I took off one of the burdens?
7. How did it feel to be "the bent-over-youth"?
8. If someone in my life could be healed right now, who would that person be?
9. What action will I take this week to bring healing to someone?