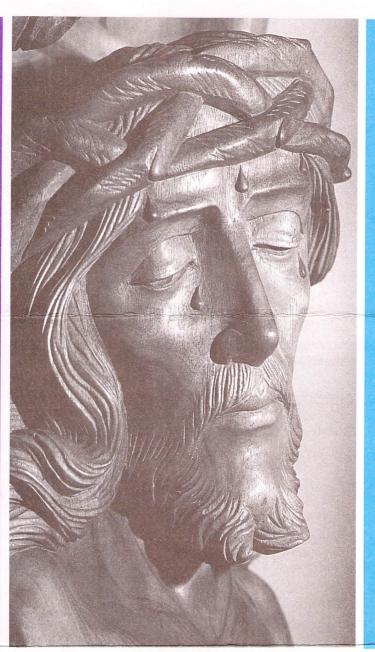
Lent

We are too weak without Jesus Christ. These days are spent with Him. We feel like running from it all. **But, Jesus has** gone before us. And, every minute, he renews His love from the cross. There is no crown without the cross. The cross renews His death.



Easter

The Resurrection renews His life. Our suffering and sacrifices are a share in His cross. In His strength, we die to whatever in us is not of Christ This preparation in the winter of our souls, gives birth to the springtime of the Church.

Easter, Resurrection, Life!

SUN

MON

WED

THURS

Depression of the

heart has no better

remedy than prayer.

It is like asking God

March

FRI

SAT



February Ash Wednesday (fast) The time for penance has come... a time to atone for our sins, and seek God's forgiveness. Feel His love for you! (1 Cor. 1:18-19)

for a match. He will light your way.

(Psalm 102:4)

of Jesus.

If you don't stand for something, you will fall for anything! Never excuse yourself for standing for the principles

(Lk. 6:36-38)

When young. we listen to stories. When older, we realize we are living one! What kind of story is your life? (Lk. 24:32)

Take stock of your life. Take up your cross. Today is in your grasp to use or lose for eternity. (Deut. 30:15-20; Lk. 9:22-25)

Pick one area in which you have NOT been following Christ's voice. For Lent, turn it around starting TODAY.

(Mk. 14:66-72)

Saints are sinners who keep trying. Why not YOU? Good seed multiplies as does good example. (Lk. 4:24-30)

Sts. Perpetua and Felicity No person stands so tall as when that person stoops to help another. Is that YOU? (Lk. 9:48)

Jesus offers Himself that we may live. Listen to Him and offer yourself to God.

(Rom. 8:31-34)

St. Frances of Rome The God we all need & ultimately seek is the God who really moves the human heart to

love and hope. (Acts 17:23)

Say an act of contrition. There are no detour signs along a straight and narrow path. What direction is your heart taking?

(Psalm 32)

16

Humbly accept God's word in vour life. Never put a question mark where He puts a period.

11

(Psalm 27:1)

Frustrated? When you get to the end of your rope, tie a knot and hang on! He is with you! (Jn. 10:25-30)

12

13

The best things in life aren't THINGS. Live by principles of love and justice. Trust God to care for you!

(Hosea 12:6)

us down, it's the way we carry it. (Mt. 11:28-30;

Some people

but complain!

It isn't what weighs

do nothing

Take time for meditation Great ideas demand solitude. Time is not wasted if it bears good fruit in the lives of others. // ukp 4:11

15

Time to confess your sins. Go NOW. Ask for God's healing. Start with yourself if you want to put the world right! (Psalm 31)

St. Patrick Don't be selfish. Like this Irish Saint, why not use/share your gifts for EVERYONE's good? Be faithful! (1 Cor. 12:12-14;

14

SUN

MON

TUES

20

WED

21

THURS

FRI

St. Turibius

23

SAT

24

18

It is never too late to be what you might have been! In a rut? Examine your life. Ask for God's help. (Mt. 20:17-28)

19 St. Joseph was faithful, strong and trustworthy. These virtues are the keys to any lasting relationship. SHOW your love today. (Mt. 1:16-24)

You can't steal second base, and keep one foot on first. Don't hesitate to control the media you listen to and watch. Listen to Him. (Mt. 1:12-15)

Never worry about what people think" about you. Are you trying to be the best you can be (before God and others)? Keep trying! (1Thess. 5:11)

The "Opinions" of neighbors, talk show hosts, scientists, politicians, and opinion polls CANNOT change God's words/ commandments. (Rom. 9:14-24)

Saints never deny Hell, they fear it. **Unrepentant sinners** never fear it; they deny it. To yourself

and God be true! (Psalms 38 & 51)

Examine your conscience. Your outer life reflects your inner life. Jesus is our healing, our Light, our Way, our Truth. (Mt. 20:29-34; Jn. 14:1-6)

25

The Lord does not wish the sinner to die, but to turn back to Him and live! HE LOVES YOU. (Ez. 33:11)

26 **Annunciation** of the Lord Mary said "Yes" that God might become man. As Jesus did His Father's Will, do you submit your will to God? (ls. 7:10-14; Lk. 1:26)

27 Become an ACTIVE Catholic. Support parish programs, Read Catholic books, papers. Check the Vatican Web-site. Give to Catholic Missions. Stand strong! (Psalm 33; Jn. 6:16-21)

28 No "old" people ever enter the Kingdom of Heaven: "Unless you become as little children (Mt. 18:3)

29 "If you want to pray BETTER, you must pray MORE. "If you believe, you will receive what you pray for" Mother Teresa Mt. 2:221

30 "Fear not." Jesus said. Yet, we worry so much! Do not worry. There is no softer pillow than a clear conscience. (Mt. 6:27)

31 Jesus is condemned. Are you honest? Judge not, and you will not be judged. Truth stands the test of time. (Phil. 4:4-9)

April

Jesus takes up His cross. Jesus never shuts one door that He opens another. Do you accept your cross in life with courage and faith? (Mt. 7:7-12)

2 Jesus falls Failure is no disgrace-only STAYING down is. Take His hand and rise with Him. He will help you. (Jn. 12:37-50)

3 Jesus consoles His Mother. For sure - her loss was our gain! Love cures people-those who give it and ones who receive it. (Lev. 19:1-18)

St. Isidore Simon helps Jesus carry His cross. Kindness heals. Cruelty destroys. Take up your cross by helping others. (Prov. 11:16)

St. Vincent Ferrer Veronica wipes Jesus' face. See His Image in others. Phone, E mail, visit, HELP the needy as if each was Jesus.

(Jam. 2:14-26)

6 Jesus falls again. Forgive those who have failed you. Ask God's forgiveness for your offenses. Time to confess your sins.

(Jn. 13:21-28)

St. John Baptist de la Salle Women weep for Jesus. Jesus tells us to weep for ourselves (sins) and the children. Be strong. Speak up on moral issues!

14

(Jn. 8:12-20)

Passion / **Palm Sunday** 8

Sin is the betraval of our love for Jesus. Do you follow the crowd, later to betray Him? Repent. Observe Holy Week. (Lk. 11:1-4; Mt. 6:7-15)

q Jesus falls the third time. Be contrite. When have you last been to confession? Take courage. Get up and go now. (Jn. 12:1-11)

10 Jesus stripped of his clothing. Strip vourself of sinful habits. We must not look down on anyone. The greater sin could be ours! (Lk. Chap. 15)

St. Stanislaus Jesus is nailed to the cross. Don't seek to take the splinter from your neighbor's eye, until you have removed the plank from your own!

11

(Mt. 7:1-5)

12

5

Holy Thursday Let yourself serve others with love. Receive His Body and Blood. Recall the Last Supper. Let Jesus wash you! (Jn. Chaps. 13-17)

Good Friday (Fast) He suffered and died for your sins. It was LOVE that held Our Lord to the crossnot just nails. Reflect quietly in prayer.

(Jn. Chaps. 18 & 19)

13

judgement and eternity. Death is our door to life with Him. Live your life accordingly.

Holy Saturday

Remember death,

(Jn. 12:23-36)

April 15, 2001 Easter Sunday

A blessed Easter! By this mystery of resurrection, dear Father, you touch our lives with the healing power of your love. You have given us the freedom of the sons and daughters of God. Now, death means nothing but life eternal! What is suffering, old-age, poverty, loneliness? He walks with us each step!

Jesus, when you rose again, you brought to us the joyful news of a world redeemed. May we witness that by our lives. You



wednesday 18



Risen

promised us that we would rise again. May we spread your good Word by our attitudes and words.

By this Easter mystery in 2001, you touch our lives with the healing power of your love. Give us the freedom of the people of God. My sisters, my brothers, let us celebrate with the bread of sincerity and truth. We shout with all our hearts: CHRIST IS RISEN!

(Acts. 10:34-43; Col. 3:1-4; Jn. 20:1-10)

monday Why not "roll back the stones" in your life and help others to do so also? This is a TIME for REJOICING. (Mt. 28:8-15, Jn. 20:11-18)

tuesday 17 Be always prepared to defend your spiritual life. Don't think there are no crocodiles because the water is calm! (Lk. 22:31-34)

It is smart to pick your friends, but not to pieces! Love them for who they are. Be Kind, not jealous. (Col. 3:1-5; 9-11)

AMID TRUMPET BLASTS ALLELVÍA

thursday 19 Easter celebrates ALL LIFE. You are God's child from your conception! Condemn abortion for the sin it is. Support pro-life education.

(Mt. 18:10-14, 19:13-15)

friday 20 Go often to Mass and the Sacraments. Study Sacred Scripture. Exercise your faith as well as your body. Take time for your soul! (Lk. 6:36-38)

saturday 21 In 2001, pray for a just, moral world. 'What does it profit you to gain the whole world and suffer the loss of your soul?"

(Lk 25:35-48; Mt. 16:24-27)

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