Oh tender and loving mother, most prudent Virgin, Mother of my Redeemer, I come to salute you today with all the love that a child can feel for its mother.

Yes, I am indeed your child and because I am so helpless I will take the fervor of the Heart of Your Divine Son.

With Him I will salute you as the purest of creatures, for you were framed according to the wishes and desires of the thrice-holy God. Conceived without sin. exempt from all corruption, you were ever faithful to the impulses of grace, and so your soul accumulated such merit that it was raised above all other creatures.

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A Spanish mystic, Sr. Josefa Menendez, is said to have been given this beautiful prayer to Mary by Jesus Himself.