

## Spending time with Jesus

1-read scripture

2-pray rosary

3-share what you are happy about

4-talk with him about you work, school or family life

5-imagine Mary sitting next to you and praying with you

6-promise to trust him

7-pray for an enemy

8-share what is making you angry

9-share something that you are afraid of

10-enjoy being in His presence

11-say a Hail Mary or Our Father slowly

12-share your failures and ask for help

13-thank Him for the blessings of your life, and life itself