Circle the answers that apply to you.

This is a list of mistakes some guys make when they relate to girls. Do you see these mistakes—

- A ALL THE TIME
- **S** SOMETIMES
- N ALMOST NEVER

When a guy is lonely or insecure—

- A S N He gets obnoxious around girls, because he tries too hard.
- A S N He acts pitiful, hoping a girl will feel sorry for him.

When a guy likes a girl-

- A S N He lets how she looks blind him from seeing who she really is.
- A S N He shows off, usually in macho ways, trying to impress her.
- A S N He is hyperattentive, acting like she's the only person on earth.

When a guy starts dating a girl-

- A S N He tries to be a knight in shining armor who will rescue the helpless damsel from all bad things and protect her from all harm.
- A S N His girlfriend becomes a badge of honor instead of a real person.
- A S N He seeks physical gratification before relational gratification.
- A S N He lets her take care of him, more like a mother than a girlfriend.
- A S N He tries to control her and make decisions for her.
- A S N He confuses being macho with courage.
- A S N He continues in the relationship without ever evaluating its quality.
- A S N He tells her what he thinks she wants to hear in order to get sex from her.
- A S N He cuts himself off from his family.
- ASN He cuts himself off from his friends.

When a guys goes through a breakup-

- A S N He doesn't get advice from people who could help.
- A S N He walks out too quickly.
- ASN He tries to hold on too long.

Adapted from Ten Stupid Things Men Do to Mess Up Their Lives, by Dr. Laura Schlessinger (HarperCollins).