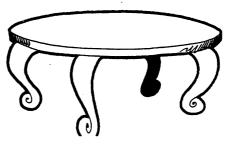
## My Childhood Supper Table

Get together with 1 to 3 people and share the important facts in your life at age 7. Focus on your supper table—the place where you ate your nightly meal. Let your partner interview you like a talk show host for *This Is Your Life*. Switch roles until everyone has been interviewed.

- 1. When you were 7 years old, where were you living?
- 2. What was the shape of the table where you ate your evening meal: Round? Square? Rectangle?
- **3.** How often did you eat together as a family: All of the time? Most of the time? About half of the time? Seldom? Almost never?
- 4. Where did you sit? Who else was at the table and where did they sit?
- 5. Who did most of the talking? About what usually?
- 6. How would you describe the typical atmosphere at the table: Relaxed? Tense? Quiet? Exciting? Dull? Peaceful? Crazy? Rushed?
- 7. Did anyone say the "blessing"? If so, who?
- 8. Who reached out to you and always included you in the conversation?
- 9. What is your favorite or best memory of your childhood supper table?

FEEDBACK: If there is time, let your partner respond by finishing these two sentences:

- 1. Your childhood table was a lot like mine ...
- 2. Your childhood table was different than mine ...



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