- -ARE YOU LIKELY TO HELP SOMEONE HAVING TROUBLE FIGURING SOMETHING OUT?
- -WHEN YOU SEE SOMEONE UNHAPPY ARE YOU MOVED TO DO SOMETHING ABOUT IT?
- -DO YOU SHARE YOUR FOOD WITH OTHERS?
- -WOULD YOU BE ABLE TO TOUCH OR SHAKE HANDS WITH SOMEONE WITH A SKIN DISEASE?
- -HOW DO YOU FEEL WHEN YOU HAVE TO TURN DOWN A FRIENDS' LOVED ONES' REQUEST?
- -DO YOU ASSOCIATE WITH PEOPLE YOU DO NOT CONSIDER ATTRACTIVE?
- -ARE YOU WILLING TO SPEND TIME WITH PEOPLE YOU DON'T KNOW VERY WELL?
- -HOW FREELY DO YOU GIVE COMPLIMENTS?
- -DO YOU LIKE TO HELP PEOPLE WHO ARE UNABLE TO REPAY YOU?
- -HAVE YOU MADE A COMMITMENT TO LOVE PEOPLE WITHOUT CONDITION?
- -ARE YOU AVAILABLE TO THOSE WHO NEED YOU?
- -HAVE YOU BEEN TOLD YOU HAVE A SPECIAL WARMTH ABOUT YOU?
- -DO YOU TRY TO ENSURE THAT EVERYONE FEELS COMFORTABLE AND NOBODY IS LEFT OUT?
- -HAVE YOU FOUND WAYS TO GAIN FROM YOUR OWN STRUGGLES TO BENEFIT OTHERS?
- -DO YOU KNOW THE DIFFERENCE BETWEEN FEELING COMPASSION AND FEELING SORRY?
- -HOW EASILY DO YOU OFFER A COMFORTING EMBRACE TO SOMEONE WHO IS HURTING?
- -DO YOU FEEL COMPASSION FOR THOSE LESS FORTUNATE THAN YOU?
- -HOW SELF-SACRIFICING WOULD YOU SAY THAT YOU ARE?
- -DO YOU KNOW THE DIFFERENCE BETWEEN DETACHMENT AND INDIFFERENCE?
- -WHAT IS SOMETHING UPLIFTING YOU CAN SAY TO SOMEONE WHO IS SAD?
- -WHEN YOU SEE PEOPLE IN NEED HOW DO YOU FEEL?
- -IS YOUR COMPASSION LIMITED TO THOSE YOU ALREADY KNOW WELL AND CUT OFF TO PEOPLE YOU DO NOT FIND ACCEPTABLE?
- -WHEN IS A TIME WHEN YOU REACHED OUT TO A SAD PERSON? WHAT DID YOU DO? WHAT WAS THE RESULT?
- -HOW DO YOU SHOW OTHERS YOU BELIEVE IN THEM?
- -DO YOU KNOW HOW TO GIVE LOVE WITHOUT IT BECOMING CHRONIC CARE TAKING?
- -HAVE YOU EVER FELT DEVASTATED BECAUSE YOU DIDN'T KNOW HOW TO HELP SOMEONE?
 HOW DID YOU DEAL WITH IT?
- -WHAT KEEPS YOU FROM BEING MORE LOVING TOWARD OTHERS?-PAST REJECTIONS, SELFISHNESS, SHYNESS, EXHAUSTION, BUSYNESS, FEAR OF INADEQUACY, LAZINESS?
- -WHEN WAS A TIME SOMEONE FELT SYMPATHY FOR YOU?
- -WHEN WAS A TIME THAT YOU HELPED AN ELDERLY PERSON?
- -IS IT EASY OR HARD FOR YOU TO BE GENEROUS BEYOND THE CALL OF DUTY?
- -WHEN WAS A TIME THAT YOU REALLY CARED ABOUT SOMEONE WHO WAS SICK?
- -ARE YOU ABLE TO LOVE WITHOUT SEEKING ITS RETURN?
- -WOULD YOU EVER AVOID SOMEONE WITH A SERIOUS DISEASE? WHAT IF THEY WERE A GOOD FRIEND? FAMILY MEMBER?
- -WHAT DO YOU DO WHEN YOU SEE INJURED ANIMALS?
- -WHEN WAS A TIME THAT YOU WERE INVOLVED WITH A HANDICAPPED PERSON?
- -HOW DO YOU FEEL WHEN SOMEONE ASKS YOU FOR HELP?
- -HOW CAN YOU CHEER SOMEONE ELSE UP?
- -DO YOU LIKE HELPING THOSE LESS FORTUNATE THAN YOURSELF?
- -HOW FREQUENTLY DO YOU TELL OTHERS THAT YOU LOVE THEM?
- -IN WHAT WAYS DO YOU ENABLE AND ENCOURAGE OTHERS?
- -WHAT ARE THE WAYS YOU EXPRESS YOUR LOVE FOR THOSE YOU LOVE?
- -HOW READILY DO YOU POINT OUT THE GOOD QUALITIES IN OTHER PEOPLE?
- -HOW EASILY CAN YOU LET GO OF THE URGE TO FIX SOMEONE ELSE?
- -DO YOU USUALLY SEEK CREDIT FOR THE GOOD THINGS YOU DO?
- -DO YOU DO GOOD FOR OTHERS BECAUSE YOU WANT TO?
- -WHEN WAS A TIME YOU PUT OFF SOMETHING YOU WANTED FOR SOMEONE ELSE?
- -HOW OFTEN DO YOU PERFORM A SELFLESS SERVICE WITHOUT NEED FOR APPROVAL OR APPRECIATION?