

**LOVE IS NOT SELFISH:** I am not self-centered. I avoid making others fit my expectations. I am not possessive of my friends. I don't always insist on my way. I want to learn others ways of doing things.

1 2 3 4 5 6 7 8 9 10

**LOVE IS NOT IRRITABLE:** I am not cranky, touchy or defensive or supersensitive. I don't lay my bad moods on people. I am approachable, warm, open and easy to get along with.

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**LOVE KEEPS NO RECORD OF WRONGS:** I am quick to forgive those who have hurt me. I don't fight back or seek revenge when jumped on by someone. I forget mistakes others make and avoid holding grudges.

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**LOVE IS NOT HAPPY WITH EVIL:** When someone is proven wrong, I avoid self-satisfaction. I never take delight in another's failure, even if it has made me look good. When someone slips up, I am there to offer encouragement instead of "I told you so".

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**LOVE IS HAPPY WITH THE TRUTH:** I welcome honesty and truth and justice, even when it shows my weaknesses, I am willing to give credit and praise whenever its due. I live my commitment to God honestly, and I am willing to admit my mistakes.

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**LOVE NEVER GIVES UP:** When my relationship with someone is a struggle, I keep sharing. I never miss an opportunity to help someone. There is no rejection or failure that can make me give up my commitment to love.

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## HOW'S YOUR LOVE LIFE

LOVE IS.....

LOVE is patient and kind; love is not jealous, or conceited, or proud; love is not ill-mannered, or selfish, or irritable; love does not keep a record of wrongs; love is not happy with evil, but is happy with the truth. Love never gives up; its faith, hope and patience never fail.

1 Corinthians 13: 4-7.

Everyone in the group reads the above passage, thinks about what it is saying, and then completes the following individually, allowing enough time for everyone to complete parts one and two. When everybody is ready then taking one question at a time each person gives their response to how they rated themselves or how they answered the question and WHY.

PART ONE How is your "love life" with your family, your neighbors, and friends? After reading the passage from the Good News then in each aspect below rank yourself from one to ten - one being very weak and ten being very strong. BE HONEST. BE VERY HONEST!

LOVE IS PATIENT: I keep my cool when people get on my back. I am slow to get angry with those I love. I rarely yell at people or lose my temper.

1 2 3 4 5 6 7 8 9 10

LOVE IS KIND: I really try to be thoughtful of those around me. I am willing to praise the success of others. I share my time and concern when it is needed, and I'm always on the lookout to "build up" others.

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LOVE IS NOT JEALOUS: I'm not upset when others perform better than I do or get promoted ahead of me, even when its undeserved. I am not threatened by other's talents. When I'm overlooked, I don't punish people with my moods.

1 2 3 4 5 6 7 8 9 10

LOVE IS NOT CONCEITED: I don't hog the spotlight in the group. I avoid being the center and focusing glory on myself. I strive to make others look good, and never tell exaggerated stories about my accomplishments.

1 2 3 4 5 6 7 8 9 10

LOVE IS NOT PROUD: I know my limitations and work within them. I don't need special attention or favors to get me to cooperate. I don't go around putting other people down.

1 2 3 4 5 6 7 8 9 10