## Relationship Lesson

# Focus of Lesson – Relationships (family, friends, boyfriend/girlfriend) Change is to be expected

#### Ground Rules Reviewed

Respect

Safe environment

Don't use names in stories

Questions

# Personal Example: Someone talk about...

**Family** 

Friends

Special Someone

## What changes in Relationships?

Schools

Influences of other people

Level of maturity

Making a new group of friends school Interests

## Lesson

1.) Why are you friends with your friends?

How did you become friends with your friends? (Interests change?)

2.) What are the differences between friends, family, and bf/gf?

Levels of commitment, titles, expectations (as things change)

3.) What is the most important type of relationship?

Which is the most stable and reliable?

Why is there a difference?

3.) What do you feel is the most important aspect of being a friend?

## Review Focus of Lesson

Change influences relationships Evaluate relationships Healthy relationships