

- hen you
- if at all?
- erson? If so,
- Q: Is there anyone in your life who knows how you feel about dating?
- If not, who could you trust to tell the truth about dating?
  - What do you have to gain or lose by telling the truth about this? Why?

## breaking up (is so very hard to do)

### THINK ABOUT IT

- Q: Think about the messiest breakup you've ever seen.
- Why do you believe things went so badly?
  - What did you learn from that breakup?
- Q: What seem to be the most common ingredients in breakups that go poorly?
- Do you believe those problems could be prevented? How?

### WRITE ABOUT IT

- Q: Describe the nicest, cleanest, most godly breakup you've seen.
- What factors do you believe made that less messy than other breakups?
  - What did you learn from that breakup?
- Q: In general, what do you believe it takes for a breakup to go well?
- What do you believe is the biggest barrier to that?
- Q: Let's say the greatest emotional pain you ever endured was a 10. Now circle the number that describes the most recent breakup you've had.

WILL SMITH: You know the old saying, "It's better to have loved and lost than never to have loved at all."  
TOMMY LEE JONES: (grimacing) Try it.  
—from the movie Men in Black

1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

- How long did it take you to get over that pain? (Or how long do you think it will take?)
- Where do you think God was in all that?

- Q: How do you think having sex affects the breakup? Does it make it harder? Easier? The same?

## love stories

Spend some time with a parent, an uncle, an aunt, or a grandparent you admire and trust. Ask these questions (videotape them or make an audio tape if you want to save their responses outside your brain)—