

RESPONSIBLE EXPRESSIONS OF SEX

AIM: To make the students aware of the social, media, and peer pressures that affect their self image and push them to have sex whether they are ready or not.

Motivational Device and Class Ideas:

1. Hand out copies of the lyrics to Billy Joel's "Only The Good Die Young." Then play the song through once or twice having the students read the lyrics while listening to the song. Often they hear a song and never really catch the words especially a song with such an upbeat as this one.
2. To start the discussion you might want to use some of the following questions:
 - a. The song says that "you Catholic girls start much too late..." What is too late? When do you think people should start having sexual relations? Is it the same for everyone?
 - b. Is there pressure from your friends, tv, ads, movies, songs (such as this), to start having sex before you are ready?
 - c. The boy in the song says: "Your mother told you all that I could give you was a reputation..." Do girls still get "reputations?" Is it important to have a "good" reputation?
 - d. In the 50's virginity was strongly stressed. A woman must be a virgin until she got married (the song in "Grease" -- "Look at me I'm Sandra Dee, lousy with virginity, won't go to bed till I'm legally wed, that's me, Sandra Dee..."). Have the times really changed? What does virginity or lack of it mean today? Is it better to keep it, or lose it as soon as possible?
 - e. The boy in the song says: "Sooner or later it comes down to fate.... I might as well be the one...." Is it true? Should it be true? Should sex be or can sex be an expression of love? Is it wrong for a girl to hold out for someone whom she loves?
 - f. Do you think today that there is more talk than action? Do you feel left out of conversation, or "different" if the talk turns to scoring and you have not? Do you lie to feel in?

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