

CHOICES, CHOICES EVERYWHERE

Read 2 Samuel 11:1-17, then reflect on these questions.

Q: What sexual desires are you experiencing right now? How welcome are they in your life?

- ☐ Entirely welcome because...
- ☐ I could do without them because...
- ☐ I hate them with all my heart because...

Q: What are your options when those desires come on strong?

- Do you believe your options are limited in any way?
- What are the consequences—positive and negative—of your different options?

Q: What did you choose the last time you faced those desires? Why?

- What do you want to choose the next time you face those desires? Why?

Q: With whom can you share this?

- If you have someone in mind, what do you think you have to gain and lose by sharing with that person?
- What do you think you have to gain and lose by not sharing with that person?
- What do you want to do about that?
- If you don't have anyone in mind, what do you want to do about that?