

what's in this lesson...

IN OUR OWN WORDS

SEX ID a video discussion starter on how sexual identity is formed

NATURE, NURTURE, OR BOTH? case studies on environment and biology and their influence on human development

LIKE FATHER, LIKE SON a discussion starter on how families have helped form our sexual identity

WORD FROM GOD

GOD: THE BEFORE AND THE AFTER a Bible study on changes that come after conversion

THE LAST WORD

A NEW CREATION a discussion and writing activity on how we need God to continually transform us

IN OTHER WORDS

See page 43 for additional teaching activities

reflect a moment...

Think about your sexual identity when you were eight years old.

Q: What did you believe it meant to be a woman?

Q: What did you believe it meant to be a man?

Fast-forward to age 15.

Q: How did your ideas about manhood change from childhood? What do you think influenced those changes?

Q: How did your ideas about womanhood change from childhood? What do you think influenced those changes?

Fast-forward to the present.

Q: List the most important things you believe contribute to authentic masculinity. How did you reach these conclusions?

Q: List the most important things you believe contribute to authentic femininity. How did you reach those conclusions?

Q: Are there things you believed as a child about your sexual identity that you no longer believe today? Spend some time thinking, writing, or talking with someone about that.

Q: Do you have unanswered questions about sexual identity? Spend some time thinking, writing, or talking with someone about that.

Q: If you had just one hour to talk with kids about sexual identity, what would you try to communicate?

- Why do you think that's so important?
- How would you try to communicate during that hour?