

## Sexuality Lesson

Focus of Lesson – To be *self-aware* of one's sexuality

Having *confidence* and *self-respect*

Appearances

Boundaries

Pressure

Orientation

Harassment

### Ground Rules Reviewed

Give no advice re: when to start having sex

Don't discuss actual sex acts

Keep conversation about what they know ...**NOT** what to do

Be careful about answering questions re: what you've done (sexual history)

### Questions

#### Appearance

Discuss sexuality and appearance (At Kellenberg and in the media).

Discuss how men and women dress in school and how it relates to their sexuality (midriff showing, spaghetti straps, short skirts and short... dress code)

What your appearance and dress says about you to others.

Do boys encourage an image?

Do girls feel they need to dress sexy in order to get attention or to feel popular?

Is there peer pressure to dress a certain way?

#### Harassment

Peer Educators will perform skits or give case examples of different forms of harassment and ask the students to respond if they are examples of harassment.

Define harassment in school.

Do boys know if they have made a girl feel uncomfortable?

Ex. Boys tickling girls around their waist... girl says NO. Do boys understand that it makes a girl feel uncomfortable? Do boys respond to NO?