

WILL
YOU
SAY
NO
?

10 WAYS TO SAY NO

Reflect on these questions.

Q: How do you feel about sexual expectations in your relationships?

Q: If anyone has ever put you in an unfair spot, how did it begin?

- What happened next?
- And then?
- What was going on inside you?
- Has it been resolved? Why?
- What is your relationship with that person today?
- How do you feel about that experience now?

Q: If you ever put someone in an unfair spot, how did it begin?

- How did it unfold?
- What was going on inside you?
- Has it been resolved? Why?
- What's your relationship with that person today?
- How do you feel about that experience now?
- Now that you've put someone in an unfair spot, do you think you're more or less likely to do it again? Why or why not?

Q: If you were to view others as brothers or sisters in Christ, would that affect how you treat them sexually? Reflect on that a bit.