

WHERE DID YOU LEARN ABOUT SEX?

Reflect on the following questions.

Q: So where have you been learning about sex?

- How reliable does that information seem to be so far?
- Where do you wish you had learned about sex?

Q: Are you surprised at the quality of information you've gotten from one source or another? Why is that?

Q: Have you gotten hurt by any bad information? If so, what was the source of the bad information?

- What happened?
- How did you feel about that?
- How did you work it out?
- Did you have anyone to help you process that?

Q: Is there any source you consider so poor you simply won't go there? Why is that?

- Is there any source so consistently helpful you would recommend it to someone who needs help?
- If so, what makes it so valuable to you?

Q: What other sources or people do you think would be reliable, but you haven't sought out yet? When do you think you could seek them out?

