

## Why Kravitz is celibate



Corbis

Kravitz

Lenny Kravitz sleeps alone, says Chris Heath in the London *Daily Telegraph*. Following his 1993 divorce from actress Lisa Bonet, the rock 'n' roller was quite the lothario, conducting high-profile romances with Nicole Kidman and Brazilian model Adriana Lima, among others. But in 2005, he decided he'd had enough of sex without marriage. "I could just feel the emptiness," he says. "It didn't feel good." A practicing Christian, Kravitz grew up seeing his dad, a Green Beret, cheat on his mom; at age 20, his father defiantly told him, "You'll do it, too." That "curse," Kravitz says, haunted him right up to the night he spent with a female companion in New York's Carlyle Hotel. "I remember waking up in the morning thinking, What am I doing? It's not that I was all over the place. It's not, like, groupies or somebody you'd pick up on the street. It was somebody that I know. But it was still, What am I doing? And why? And that morning I was just talking to God, as I do, and I said, 'You got to help me to stop this.'" Determined not to have sex until he weds again, Kravitz, 45, admits the going can be rough. "It goes back and forth. There are times when I'm patient and there's times when I'm, 'Come on, Lord, bring this for me. ...'"