

**101 Ways to**  
**make love**  
**Without Having**  
**SEX!**

High school students in New York were asked to respond in writing to the following question:

"If you and your girlfriend or boyfriend had decided to postpone sexual intercourse, how would you let the other person know you loved her or him?"

Here's what they said:

- ▶ 1. Tell her I love her.
- ▶ 2. Hug him.
- ▶ 3. Kiss her.
- ▶ 4. Send flowers.
- ▶ 5. Hold hands.
- ▶ 6. Have deep, meaningful conversations.
- ▶ 7. Treat her nice.
- ▶ 8. Smile at each other.
- ▶ 9. Write a poem for him.
- ▶ 10. Dance together.
- ▶ 11. Talk about my feelings.
- ▶ 12. Discuss problems.
- ▶ 13. Just be together.
- ▶ 14. Take him out.
- ▶ 15. Tell her I don't want to be with anyone else.
- ▶ 16. Go to a drive-in.
- ▶ 17. Ask how she's feeling.
- ▶ 18. Sort out disagreements.
- ▶ 19. Give him a backrub.
- ▶ 20. Let him do my hair.
- ▶ 21. Put up with his friends.
- ▶ 22. Go to a concert together.
- ▶ 23. Give gifts.
- ▶ 24. Play pool.
- ▶ 25. Observe the stars together.
- ▶ 26. Share the same hobbies.
- ▶ 27. Kiss him on the ear.
- ▶ 28. Whisper that I love him.
- ▶ 29. Be nice to each other.
- ▶ 30. Give a token from the heart.
- ▶ 31. Visit his mother.
- ▶ 32. Write love letters.
- ▶ 33. Call him just to say "hello" or "good night."

- 34. *Play footsie.*
- ▶ 35. *Blow her kisses.*
- 36. *Give her a ring.*
- ▶ 37. *Take her someplace meaningful or special.*
- 38. *Have a romantic picnic in the park.*
- ▶ 39. *Show my affection.*
- ▶ 40. *Talk about the reasons for our decision to wait to have sex.*
- 41. *Buy him nice things.*
- ▶ 42. *Go swimming together.*
- ▶ 43. *Go hiking together.*
- ▶ 44. *Be her best friend.*
- 45. *Sit and talk for a long time.*
- 46. *Be close.*
- ▶ 47. *Share thoughts.*
- ▶ 48. *Kiss his neck.*
- ▶ 49. *Sing her a song.*

music and a dance floor.

- ▶ 50. Do the things we used to do when we first met.
- ▶ 51. Ask to be with her more.
- ▷ 52. Build a stronger relationship.
- 53. Do her housework.
- 54. Communicate.
- △ 55. Tell her I care.
- 56. Caress each other.
- ▽ 57. Stick up for him if he gets in trouble.
- ▶ 58. Tell her I'll always be there for her.
- △ 59. Be sensitive.
- ▶ 60. Listen.
- △ 61. Go out of the way for each other.
- ▽ 62. Go camping.
- 63. Tell her I appreciate how she treats me.
- ▶ 64. Respect each other.
- 65. Buy him something sentimental.
- ▶ 66. Carry her books home from school.
- 67. Never let him go.
- ▶ 68. Take a walk together.
- ▽ 69. Go to a party.
- 70. Cook for each other.
- 71. Just touch each other.
- △ 72. Leave a little love note in his pocket.
- ▶ 73. Dedicate our favorite song on the radio.
- ▽ 74. Speak the love language, French, to him.
- ▶ 75. Tell her that the longer you wait the better it'll be.
- ▶ 76. Arrange a date where we first met.
- ▷ 77. Watch him compete in a sporting event.
- ▶ 78. Spend the day at a carnival.
- ▶ 79. Eat at a romantic restaurant with elegant music and a dance floor.

- 80. Do homework together.
- 81. Slip a note into her notebook.
- 82. Pay attention to her likes and dislikes.
- 83. Make sure he's comfortable.
- 84. Draw a heart on a tree and put both names in the middle.
- 85. Treat her like a queen.
- 86. Send him a card.
- 87. Call her every night.
- 88. Hold each other close.
- 89. Trust him.
- 90. Support each other.
- 91. Go for a drive.
- 92. Take him skiing.
- 93. Sit really close while watching a movie.
- 94. Take care of him when he's sick.
- 95. Make him a present.
- 96. Carry pictures of each other.
- 97. Go to a sports event together.
- 98. Cuddle.
- 99. Watch a sunset together.
- 100. Be faithful.
- 101. Share secrets.

**Remember:**

**THE SAFEST SEX IS NO SEX.**

If you *do* have sex, always use a condom. Only a condom can protect you from sexually transmitted diseases, like AIDS.

State of New York

Department of Health