

A Prayer for True Love

Dear Jesus,

I want your True Love to fill my heart and transform my life and my sexuality.

Send your Holy Spirit so that my heart will be pure and your glory will shine through my sexuality in my dating and in all of my conduct with others.

Forgive my sexual mistakes and help me avoid every form of sexual violence, sexual carelessness, and sexual selfishness in thought, word, and deed.

Give me the patience and strength to save the gift of sexual intimacy for my future soul-mate in Holy Matrimony where our love will be patterned after your perfect example.

—AMEN

Name _____

Date _____

power to create and sustain life-long romantic relationships. The rejection of True Love is loneliness and madness.

True Love is for everyone. The young and the old. The single. The engaged. The married. The celibate. True Love is what your soul is longing for. Listen to your heart. Accept Christ's invitation and allow His True Love to transform your life and your sexuality.

Be patient. Be kind. Be gentle. Be responsible. Avoid sexual intimacy until you have found this True Love. This is the kind of love worth waiting for.

THINGS TO CONSIDER:

- *Sexual purity is about the condition of our heart, not whether or not we have had sexual intercourse.*
- *Sexual mistakes do not mark us for life or tattoo us with a scarlet letter.*
- *God forgives sexual sins, and anyone can become sexually pure by asking for forgiveness and following the path of Christ's True Love.*
- *God's True Love liberates human love from selfishness, carelessness, and violence.*
- *True love is the spiritual power to make love last.*

Jesus is the way back to God if we mess up our lives with sexual mistakes.



Footnotes

1. 1 Corinthians chapter 13.
2. Romans 2: 1-16.
3. John 8: 1-11.
4. *Love is for Life*, A Pastoral Letter issued on behalf of the Irish Hierarchy. Dublin. 1985 Section 136.
5. *The Truth and Meaning of Human Sexuality*. Pontifical Council for the Family. Rome. 1995.

