


WHERE TO FIND HELP

Find these resources on our Web site:
 online.newmanmagazine.com



Books on Sex Addiction

- *Every Man's Battle: Winning the War on Sexual Temptation One Victory at a Time* by Stephen Arterburn and Fred Stoeker with Mike Yorkey (WaterBrook Press, 2000)
- *The Centerfold Syndrome: How Men Can Overcome Objectification and Achieve Intimacy With Women* by Dr. Gary Brooks (1995)
- *Finding Freedom From the Shame of the Past* by Mike Fehlauer (Charisma House, 1999)
- *At the Altar of Sexual Idolatry*, by Steve Gallagher (2000)
- *Faithful and True* by Mark Laaser (Zondervan Publishing House, 1996)
- *Men's Secret Wars* by Patrick Means (Revell, 1996)
- *False Intimacy* by Dr. Harry Schaumburg (NavPress, 1997)
- *The Final Freedom: Pioneering Sexual Addiction Recovery* by Dr. Doug Weiss (Discovery Press, 1998)
- *Pure Desire: Helping People Break Free From Sexual Struggles* by Ted Roberts (Regal, 1999)

Support Groups

The toughest thing for many sex addicts is knowing where to turn to get help. Each recovery program is different, so it's important to carefully research them all and find one that's right for you.

Here, Steve Watters, author of *Real Solutions to Overcoming Internet Addictions* (Servant Publications), has assembled a list of programs for you to consider.

Sexaholics Anonymous

P.O. Box 111910
 Nashville, TN 37222
 (615) 331-6230
sa.org

Overcomer's Outreach

520 N. Brookhurst, Suite 121
 Anaheim, CA 92801
 (800) 310-3001 or (714) 491-3000
overcomersoutreach.org

For Men Only

A Ministry of East Hill Church
 P.O. Box 650
 Gresham, OR 97030-0168
 (503) 661-4444
easthill.org
info@easthill.org

Christian Counseling Reference Services

Focus on the Family

(719) 531-3400 weekdays 9:00 a.m. to 4:40 p.m. (MST)
family.org and pureintimacy.org

Christian Recovery Connection

National Association for Christian Recovery
 P. O. Box 215
 Brea, CA 92822-0215
 Voice: (714) 529-6227
christianrecovery.com/nacr.htm

Christians in Recovery

P.O. Box 4422
 Tequesta, FL 33469
christians-in-recovery.org/db/admin@christians-in-recovery.org

Intensive Counseling

Stone Gate Ministries

11509 Palmer Divide Road
 Larkspur, CO 80118
 (888) 575-3030
 (303) 688-5680
stonegateresources.com

Christians for Sexual Integrity

(Rob Jackson M.S., L.P.C., N.C.C.)
 500 Lake Street, Suite 105
 Excelsior, MN 55331
 (612) 207-7198
christiancounsel.com
rjackson@christiancounsel.com

Heart to Heart (Doug Weiss)

P.O. Box 51055
 Colorado Springs, CO 80949
 (719) 278-3708
sexaddict.com

Christian Hospital Programs New Life

(800) NEW-LIFE (639-5433)
newlife.com

Rapha

(800) 383-HOPE (4673)
rapha-hope.com

Residential Sex Addiction Ministry

Pure Life Ministries

P.O. Box 410
 Dry Ridge, KY 41035
 (888) 293-8714
 (859) 824-4444
purelifeministries.org

Church Training

Pure Desire Seminars

A Ministry of East Hill Church,
 Pastored by Ted Roberts,
 author of *Pure Desire*
 P.O. Box 650
 Gresham, OR 97030-0168
 (503) 661-4444
easthill.org
info@easthill.org