

**SOCIAL AWARENESS  
10 TH GRADE**

**TOPIC: SOCIAL ATTITUDES**

**OBJECTIVE:** to help students deal with the societal pressure that they have physically perfect.

**MATERIALS:** Enough copies of THE SOCIAL ATTITUDES SCALE handout for each student. Copies of fashion magazines like VOGUE, SEVENTEEN and SASSY for the girls and fitness magazines like MUSCLE AND FITNESS and MUSCLE for the boys.

**ACTIVITY:** Give each student a copy of the SOCIAL ATTITUDES SCALE and have them answer each question. When they are finished have each student score his/her results by the following:

**QUESTIONS 1, 2, 3, 5, 7, 8**

0=strongly disagree  
1=somewhat disagree  
2=disagree  
3=neither agree nor disagree  
4=agree  
5=somewhat agree  
6=strongly agree

**QUESTIONS 4, 6, 9**

6=strongly disagree  
5=somewhat disagree  
4=disagree  
3=neither agree or disagree  
2=agree  
1=somewhat agree  
0=strongly agree

These items test how much you believe that appearance matter. A score of 46 or higher means that you are vulnerable to being influenced by the great importance that current society places on appearance.

Discuss the results using pictures from the various magazines to illustrate what society puts forth as the current *right way* to look.

**SUGGESTED DISCUSSION QUESTIONS:**

1. Anyone can achieve these *looks* if they would only diet and exercise enough? Why? Why not?
2. If I could afford it, I would use plastic surgery to change my \_\_\_\_\_? (nose, face, butt, mouth, etc.) Why? Why not?
3. Who are the most beautiful people that you actually know? Why?

**READING: GENESIS 1:30-31**

God created man in the image of himself, in the image of God he created him, male and female created them...God saw all he had made, and indeed it was very good.