

. SCHOOL CHANGES

1. Drop in grades
2. Reduced short term memory, attention span
3. Loss of motivation, interest in school activity
4. Tardiness and absenteeism
5. Non-participating in class and meetings
6. Sleeping in class
7. Untidy appearance, personal hygiene
8. Apathetic, slow to respond
9. Discipline problem
10. Change in peer group
11. Disappearance of money or items of value

PHYSICAL EVIDENCE

1. Odor of pot on clothing, in room
2. Incense or room deodorizer
3. Use of eyedrops, mouthwash
4. Butt or roach
5. Powder, seeds, leaves, plants, mushrooms
6. Capsules or tablets
7. Pipes, pipe filters, screen, strainer
8. Scales, small spoons, razor blades
9. Small containers, locked boxes
10. Plastic baggies, small glass vials
11. Drug related books
12. Stash cans (soft drink, beer, deodorant and other spray cans that unscrew at the bottom.

DEALING WITH THE PROBLEM

There are steps parents can take to start getting control of a substance abuse problem. Confront child in a loving way, let him/her know you are worried and concerned about their behavior. Child will most likely deny they are taking drugs or drinking. Tell your child why you feel uneasy (looked high, drunk, found paraphernalia in his room, someone told you his/her friends were using) Tighten up rules and, carry through on punishments if rules are broken. ~~REDACTED~~

PHYSICAL

1. Acting intoxicated
2. Red eyes. droopy eyelids
3. Imprecise eye movement
4. Wearing sunglasses at inappropriate times
5. Abnormally pale complexion
6. Change in speech and vocabular patterns
7. Frequent, persistent illness, sniffles, cough
8. Change in sleep pattern
9. Repressed physical development
10. Sudden appetite
11. Unexpected weight loss
12. Neglect of personal appearance.

BEHAVIORAL

1. Moodiness, depression, anxiety, hostility
2. Over-reaction to mild criticism or request
3. Decreases interaction/communication
4. Self-centered, lacking feelings for others
5. Loss of interest in sports, hobbies etc.
6. Loss of motivation and enthusiasm
7. Lack of energy and vitality
8. Loss of ability to assume responsibility
9. Need for instant gratification
10. Change in values, ideals, and beliefs
11. Change in friends, unwillingness to introduce friends to parents