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## Goals in Life

If you were to die tomorrow, which of the following activities would you regret *not* having done? Or, if you have done them, which are you happy about having done? Which would you still like to accomplish?

	<i>Regret not doing</i>	<i>Have done</i>	<i>Would like to do</i>
Travel around the world			
Get married and have a family			
Help alleviate suffering			
Have a group of close friends that I can trust			
Play a musical instrument			
Break a world record in some activity			
Be a celebrity			
Go hang-gliding			
Drive a racing car			
Write a letter to the editor about something I believe			
Have a strong relationship with God			
Participate in a demonstration for something I believe in			
Join the armed forces			
Do some kind of volunteer work			
Stay on a deserted island by myself for a week			
Travel to the moon			

Write a brief statement about whether you are satisfied with the direction of your life so far and where you hope your life is leading.