

In the following imagination exercise we are going to explore our aspirations or dreams for the future.

Imagine a holy and peaceful place. It could be an imaginary place or an actual sacred place you have visited, such as a church or somewhere beautiful in nature. In this place you feel God's presence. Feel yourself kneeling before God. Hear yourself telling God all the great plans you have for your life. What do you hope to accomplish in school. What do you hope to accomplish in a career. What do you hope to accomplish in your relationships with friends. What do you hope for in your vocation as a married person (or a single person, or a priest, or a religious brother). What do you hope for in your relationship with God. Go back over some of these areas and imagine yourself accomplishing great things. Imagine yourself meeting all of your expectations and more.