

My Goals

How has this group made a difference in your life? How has it affected your goals for the future? Get together with one other person and share your answers to the following statements.

1. As I think back, the reason why I started coming to this group was (*check one*):
- someone made me
 - everyone else was coming
 - someone special invited me
 - I wanted to find out what this was all about

2. The experience of opening up and sharing my ideas and problems with this group has been (*check two*):
- scary
 - very difficult
 - exciting
 - a life-changing experience
 - a beautiful breakthrough

3. The high point for me in this group has been the (*check two*):

- fun
- finding myself again
- Bible study
- feeling of belonging to others who really care
- being with people who are committed to Christ
- knowing I am not alone in my problems

(Complete the following chart to help you think through your personal goals.)

- a. **First Column:** Jot down three concerns in your life right now, such as: to increase my grades, to work on my relationships at home, to save some money for college, etc.

- b. **Second Column:** Take the most important concern and jot down three "wishes" you would like to make about that area of concern. For instance, if working on your relationships at home was number one, then your wishes might be: I wish I could talk to my dad alone, I wish I could explain to him how I feel, etc.

- c. **Third Column:** With your wishes in mind, list three specific projects for this next week—to start solving your most important concern. For instance, I will write my dad a note telling him how I feel and ask him to give me an hour next week. I will invite him out for a hamburger where we can talk alone, etc.

MY MAJOR CONCERNS:	I WISH I COULD:	I WILL: