

Success Story Speaker Preparation Sheet

Thank you for agreeing to speak to a group of teenagers concluding a mini-course on self-esteem. In this final session, the teens have identified positive character traits that they already have, and some that they would like to work on. The importance of keeping God a central part of their lives was also stressed.

Please share about your recent successes since leaving high school. In your talk, mention how God and your membership in the Catholic community have played vital roles in your development. Plan to speak for approximately ten minutes.

Thanks again.

- Tell about a goal you had when you were in high school, including:
 - how realistic your goal was at the time;
 - why you wanted to achieve your goal;
 - what type of help you sought for achieving your goal;
 - what encouragement you received to continue pursuing your goal;
(and what discouragement for giving up reaching your goal)
 - what rewards you experienced when you reached your goal
(or the disappointment you felt in not reaching your goal).
- If you could go back and do your high school years over, what would you do differently?
- Tell about a difficult area of transition from high school to college and how you went about handling it.
- How does God play a part your life as a college student? How does the church play a part of your life as a college student?
- What advice can you offer to teenagers for achieving their goals and improving themselves?