

Jealousy

Lord Jesus Christ, I am caught in a web of jealousy that stays with me night and day. Help me to put away from me this evil which your Word tells us rots bones (Prov. 14:30) and even shortens lives . Bring home to me the further evils to which it leads if it is left unchecked: slander, calumny, hatred, damaged relations, persecutions, and worse things. Let me dwell constantly on the motives for loving others rather than being jealous of them. Remind me of the fleeting character of all life's attachments and successes and of the fact that our true happiness lies in being united closely with You and with all others in You.

Amen.

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