Delaying Gratification

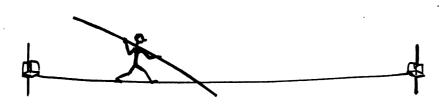
Delay\_\_\_\_\_Spontaneity

## Accepting Responsibility.

Over-responsible\_\_\_\_\_Under-responsible

## Dedication to Reality

Totally honestWi	ithholdir	na
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. Imagine that you are a tightrope walker in training, daily trying to keep your balance between conflicting needs, goals, duties, directions. List some of the tensions you feel in the space below. For example:

Time for yourself \_\_\_\_\_ Time for others

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LIFE'S POLARITIES		
Gratification	S	
Delay	Spontanenty	
Responsibility		
Over-responsible Under-responsible		
Reality		
Completely honest	Withholding I ruth	
Adult		
1 477 1		
Self-denial	Activity	
Self-denial		
Sourane		