

POSSESSIONS

BELIEFS

- DO YOU BELIEVE THAT "LESS IS MORE"?
- DO YOU BELIEVE THAT YOU CAN HAVE SIMPLICITY WITHOUT AUSTERITY?
- DO YOU BELIEVE THAT MATERIAL POSSESSIONS ARE AN EXTENSION OF WHO WE ARE?
- DO YOU BELIEVE IN GETTING RID OF WHAT YOU DON'T WANT IN YOUR LIFE TO MAKE ROOM FOR WHAT YOU DO WANT?

EXPERIENCES

- IF YOUR HOUSE IS ON FIRE AND ALL THE PEOPLE ARE SAFE; WHAT ARE THE FIRST THREE POSSESSIONS YOU ATTEMPT TO RESCUE?
- WHAT ARE SOME THINGS YOU HOPE TO OWN SOMEDAY?
- ARE YOU GENERALLY ATTACHED TO YOUR POSSESSIONS?
- IF YOU WERE TO DO A COMPLETE INVENTORY OF YOUR POSSESSIONS HOW MANY WOULD BE CONSIDERED NECESSITIES?, CONVENIENCES?, LUXURIES?
- WHICH OF YOUR POSSESSIONS GIVE YOU THE GREATEST PLEASURE?
- WHAT ARE SOME MATERIAL THINGS THAT YOU ABSOLUTELY REQUIRE?
- DO YOU HAVE A CAR? WHAT KIND? LEASE OR OWN? USED OR NEW? IS LIVING WITHOUT A CAR A VIABLE OPTION FOR YOU?WHAT KIND OF CAR WOULD YOU REALLY LIKE TO OWN?
- WHAT IS YOUR MOST TREASURED POSSESSION?
- HOW MUCH CLUTTER DO YOU HAVE IN YOUR HOME?
- WHICH DO YOU VALUE MORE?-PEOPLE OR THINGS?
- WHICH POSSESSIONS DO YOU FEEL MOST ATTACHED TO?
- HOW DO YOU FEEL EXHIBITING AND SHOWING OFF YOUR POSSESSIONS?
- DO YOU BUY IN BULK IN ADVANCE TO KEEP STOCKPILED OR AS YOU NEED SOMETHING?
- WHAT MATERIAL POSSESSION DO YOU HOPE TO BRING INTO YOUR LIFE?
- DO YOU LIVE BY "WASTE NOT, WANT NOT"?
- WHAT DO YOU FEEL IS COMPLICATING YOUR LIFE?
- DO YOU TEND TO KEEP YOUR LIFE PACKED WITH LOTS OF PROJECTS AND POSSESSIONS?
- WHAT CAN YOU LET GO OF IN YOUR LIFE? COMMITMENTS?, POSSESSIONS? ETC.
- DO YOU EVER GIVE AWAY OR SELL OFF POSSESSIONS THAT YOU NO LONGER USE OR NEED?
- WHAT "EXTRAS" IN YOUR LIFE COULD YOU REALLY LIVE WITHOUT?
- ARE THERE ANY OBJECTS IN YOUR HOME THAT GIVE YOU PROBLEMS? WHAT ARE THEY?
- WHAT IS A MODERN CONVENIENCE YOU COULD NEVER GIVE UP?
- WHAT IS A MODERN CONVENIENCE YOU COULD EASILY GIVE UP?
- WHAT IS THE MOST PRIZED POSSESSION IN YOUR BEDROOM?