

Rating Your Life

group members to use the movie rating system to rate various parts of their lives:

- G** General Audiences
- PG** Parental Guidance Suggested
- PG-13** Parent Caution
- R** Restricted
- NC-17** No Children Under 17 Allowed

Using the above rating system, how would you rate:

- your television viewing?
- your movie viewing?
- your music listening?
- your magazine reading?
- your book reading?
- your video-game playing?

You could also invite group members to use the same rating system to rate:

- their home life
- their love life
- their thought life
- their school life