

SAT SUN MON TUES WED **THURS** FRI 10 13 To profit from good Quitters never win. Draw close to God, Become a Catholic Love builds St. Benedict St. Henry missionary! Time for confession? and God will draw advice requires as highways There is Winners never quit. out of dead ends. no softer pillow With God's help, Don't delay or proclose to you. Pray. much wisdom as to If you can't, than a clear win with Him. crastinate in seeking (Jam. 4:8). give it. then why not Let love drive your life. His forgiveness. (Prov. 19:20). at least conscience! (Psalm 32:8). support one? (Mk. 12:28-34). (1 Jn. 3:18-24) (Eccl. 11:4). (1 Thes. 5:11) 14

We must take time to think and pray. Being "too busy" is a lame excuse. (Eccl. 3:1-9).

St. Bonaventure Your last mistake is your best teacher! (1 Sam. 26:21-25). Our Lady of
Wt. Carmel
Attack problems
honestly.
Anxiety is love's
greatest killer.
(Lk. 12:22-32).

You are like the friends you choose. "Birds of a feather, flock together." (Prov. 27:19).

Test your strength by lifting a burden from another's shoulders. (Mt. 10:40-42). Admit mistakes to each other. Go through difficulty TOGETHER! (Psalm 51).



Who can number the drops of rain or how long you shall live?
Think of eternity.
(Sirach 1:1-18).

St. Mary Magdalen Temptations? Are your mind, heart, actions pure? Love Jesus. (1 Tim. 3:16). St. Bridget
"Hatred is never
ended by hatred."
Only by justice
and love.
(Rom. 13:8-10).

Protect the unborn.
We must all answer to the Author of all life for the lives we author.
(Mt. 6:33).

St. James, Apostle
The person who
thinks he / she
has no faults,
has at least one!
(Jam. 1:5).

Sts. Joachim & Anne, parents of Mary Lord, give me each day the strength they had! (Mt. 14:30).



Prayer is a conversation with God.
Listen to Him.
Tell him your needs.
(Mt. 6:34; Phil. 4:6).

St. Martha
Do you ever
LISTEN to God?
Practice silence
and peace of heart.
(Rev. 22:13).

5

St. Peter Chrysologus "Never trouble trouble, till trouble troubles you." (Jam. 5:7-11). 30

6

St. Ignatius Loyola Are you hurt? When God closes one door, he opens another. (Mt. 6:24). AUG St. Alphonsus Nobody is perfect. Succeed we may, but strive we must. (Prov. 16:13). St. Eusebius If you row the boat, you usually don't have time to rock it. (Rom. 10:11).

9

Examine your conscience.
More than just the sun can burn your flesh! (Gal. 6:7).

3

If God cushioned every blow... you would never learn to grow. Trust Him! (Eccl. 10:12-22). You are rich according to what you ARE, not by what you HAVE. (Prov. 23:4-5).

4

Transfiguration
of the Lord
People don't lack
strength, they lack
WILL. Kick a
bad habit NOW.
(1 Cor. Chaps. 1-6).

St. Sixtus II, Pope / Martyr Your last mistake is your best teacher! (1 Sam. 26:21-25).

7

St. Dominic
It costs more to
revenge injuries
than to bear them.
(1Jn. 3:13-18)

Today:
why not spend
five minutes
in prayer.
Don't grow tired
of doing good.
(Rom. 8:21).

St. Lawrence
Worry is interest
paid on trouble.
At dinner tonight,
read:
(Cor. 3:20-21).

Learning begins by listening. Forgiveness begins by unselfish love. (Psalm 103).

Personal opinions
are just THAT.
God's trust is
like a ROCK.
Nothing can
shake it.
(2 Tim 2:19).

Sts. Pontian & Hippolytus, Martyrs Courage! We all make many mistakes. (Jam. 3:2).

St. Maximillian Kolbe
If you judge people,
you have no time to
love them.
(Mother Teresa)
(Rev. 11:17-18;
12:10b-12a)

21

Assumption of Mary Imitate Mary.
To be the greatest, be a servant to others.
(Mt. 23:11).

22

St. Stephen of Hungary Don't try to squirm out of problems. Face them. (Jam. Chap. 1-4). Act and pray like a person of thought. Think like a follower of Christ. (Deut. 31:6).

Be truthful.
When we lie to each other, we are only hurting ourselves. (Eph. 4:25).

St. John Eudes No matter how FAR you may have gone on the wrong road, TURN BACK! (Rom. 6:1-23).

19

St. Bernard
Remember:
Where your
treasure is,
there your heart
is also. Trust in Him!
(Mt. 6:19-21).

20

27

St. Pius X
Depressed?
Discouraged?
Pray for strength
and reach out!
Help another.
(Mt. 14:30; Psalm 126)

Queenship of Mary The wise are not always silent, but know WHEN to be! (Prov. 21:23). St. Rose
Remember:
deceased family
members are
YOUR rooting section
in heaven.
(1 Cor. 15:12-24).

St. Bartholomew, Apostle Prayer is the key of the day, and the lock of the night! (Eccl. 5:3).

Trust God, your Father. Has He not created you? Well then, depend on Him totally! (Deut. 32:6). Lonely / bored? Turn off the computer / TV and help / call someone to cheer them. (Lk. 10:40-42).

St. Monica Confront bad conduct not by retaliation, but by good example. (1 Cor. 10:13). St. Augustine
He said "Love God
and do whatever
you want."
(Mk. 9:33-37).

Beheading of St. John, Baptist Never do what you cannot ask God to bless. (2 Cor. 3:16-18).

"As often as you did it for one of my least brothers, you did it for Me." (Psalm 27:1; 23:4).

30

Live one day at a time. Leave tomorrow's worries for tomorrow. (Mt. 6:34).

31



HE KINGDOM OF HEAVEN IS LIKE
A NET-THAT WAS CAST INTO THE SEA
AND CAUGHT FISH OF EVERY KIND.
WHEN IT WAS FULL, THE FISHERMEN
PULLED IT ASHORE, AND SITTING ON
THE BEACH, THEY PUT THE GOOD FISH
VIN THEIR BUCKETS & THREW THE USELESS AWAY.

