

How's the Weather?

Consider all the different areas of your life. Choose three areas and assign a month of the year to each one. Tell the group what month it is in those areas of your life. Feel free to explain why you chose what you did.

☐ Romance

☐ Career

☐ Friendships

☐ Financial

☐ Spiritual

☐ Family Life

☐ Emotional

☐ Physical

☐ Overall

January: Cold and snowy, but a new year has begun.

July: Boy, it's hot—everything is smoldering and oppressive.

February: The bleakest time of the year; I'm getting tired of the color gray.

August: The heat has settled in. We sure could use some rain.

March: Cold and blustery, but there is a sniff of spring in the air.

September: The first cool breezes of fall can be felt. There is change in the air.

April: Tumultuous and stormy, but life is breaking out everywhere.

October: Autumn has arrived. Life is beginning to hibernate, but the colors are still beautiful.

May: Spring has sprung! The flowers are blooming, and the skies are full of sunlight and cool breezes.

November: The leaves have fallen and it's getting cold.

June: It's pleasantly warm, things are growing, and people are beginning to take vacations.

December: Even though it's cold and desolate-looking outside, the holidays keep things festive.