INSTRUCTIONS FOR LIFE

- 1. TAKE INTO ACCOUNT THAT GREAT LOVE AND GREAT ACHIEVEMENTS INVOLVE GREAT RISK.
- 2. WHEN YOU LOSE, DON'T LOSE THE LESSON.
- 3. FOLLOW THE THREE R'S:

RESPECT FOR SELF

RESPECT FOR OTHERS AND

RESPONSIBILITY FOR ALL YOUR ACTIONS.

- 4. REMEMBER THAT NOT GETTING WHAT YOU WANT IS SOMETIMES A WONDERFUL STROKE OF LUCK.
- 5. LEARN THE RULES SO YOU KNOW HOW TO BREAK THEM PROPERLY.
- 6. DON'T LET A LITTLE DISPUTE INJURE A GREAT FRIENDSHIP.
- 7. WHEN YOU REALIZE YOU'VE MADE A MISTAKE, TAKE IMMEDIATE STEPS TO CORRECT IT.
- 8. SPEND SOME TIME ALONE EVERY DAY.
- 9. OPEN YOUR ARMS TO CHANGE, BUT DON'T LET GO OF YOUR VALUES.
- 10. REMEMBER THAT SILENCE IS SOMETIMES THE BEST ANSWER.
- 11. LIVE A GOOD, HONORABLE LIFE. THEN WHEN YOU GET OLDER AND THINK BACK, YOU'LL BE ABLE TO ENJOY IT A SECOND TIME.
- 12. A LOVING ATMOSPHERE IN YOUR HOME IS THE FOUNDATION FOR YOUR LIFE.
- 13. IN DISAGREEMENTS WITH LOVED ONES, DEAL ONLY WITH THE CURRENT SITUATION.

 DON'T BRING UP THE PAST.
- 14. Share your knowledge. It's a way to achieve immortality.
- 15. BE GENTLE WITH THE EARTH.
- 16. ONCE A YEAR, GO SOMEPLACE YOU'VE NEVER BEEN BEFORE.
- 17. REMEMBER THAT THE BEST RELATIONSHIP IS ONE IN WHICH YOUR LOVE FOR EACH OTHER EXCEEDS YOUR NEED FOR EACH OTHER.
- 18. JUDGE YOUR SUCCESS BY WHAT YOU HAD TO GIVE UP IN ORDER TO GET IT.
- 19. APPROACH LOVE AND COOKING WITH RECKLESS ABANDON.