

LISTEN

LISTENING TO YOUR HEART,
FINDING OUT WHO YOU ARE, IS NOT SIMPLE.
IT TAKES TIME FOR THE CHATTER TO QUIET DOWN.
IN THE SILENCE OF "NOT DOING" WE BEGIN TO KNOW
WHAT WE FEEL.
IF WE LISTEN AND HEAR WHAT IS BEING OFFERED,
THEN ANYTHING IN LIFE CAN BE OUR GUIDE.

LISTEN