

Respond to the following questions by circling Y for yes, N for no, and avoiding the M for maybe as best as you can.

When you have finished, ask the same questions of a friend, parent, or adult whom you trust and who knows you well to see how he/she would have answered the questions *for you*. You can learn a great deal from both similarities and discrepancies between his/her answers and yours.

AM I SOMEONE WHO . . .

1. worries about growing old?	Y	N	M
2. feels insecure?	Y	N	M
3. needs a drink or a fix to get through stressful situations?	Y	N	M
4. works for racial equality?	Y	N	M
5. thinks some races are inferior?	Y	N	M
6. loses your temper frequently?	Y	N	M
7. believes you can't trust anyone?	Y	N	M
8. lies?	Y	N	M
9. listens to others?	Y	N	M
10. likes a good fight?	Y	N	M
11. values "family"?	Y	N	M
12. compromises individuality to go along with the crowd?	Y	N	M
13. is very ambitious?	Y	N	M
14. puts career or job before family and friends?	Y	N	M
15. gets rattled when things don't go as planned?	Y	N	M
16. feels your parents neglected you?	Y	N	M
17. feels your parents abused you?	Y	N	M
18. thinks people are out to hurt you?	Y	N	M
19. needs a mommy all the time?	Y	N	M
20. wants to be the mommy type, protecting someone from this harsh, cruel world?	Y	N	M
21. has strong feelings of jealousy?	Y	N	M
22. feels you don't deserve good things?	Y	N	M
23. fears that when you have a good time, you'll be punished for it, somehow or another?	Y	N	M
24. is a fast talker to get out of uncomfortable situations?	Y	N	M
25. is capable of breaking into tears at a second's notice in order to get out of uncomfortable situations?	Y	N	M
26. pouts as a way of getting out of uncomfortable situations?	Y	N	M
27. always has to travel first class?	Y	N	M
28. has to have the best vacation, the cleanest laundry, and the nicest clothes?	Y	N	M
29. is afraid to tell someone who you are?	Y	N	M
30. name-drops?	Y	N	M
31. is very competitive?	Y	N	M
32. has no friends?	Y	N	M
33. has tons and tons of friends?	Y	N	M
34. has a few good, trusted friends?	Y	N	M
35. likes to clown around, which helps you avoid reality?	Y	N	M