## PERSONALITY PROFILE

DIRECTIONS: In each of the following rows of four words across, place an X in front of the one word that most often applies to you. Continue through all forty lines. Be sure each number is marked. If you are not sure of which word "most applies"; ask your fiance, spouse or friend. Now transfer all your X's to the corresponding words on the next page and add up your totals.

| 1 | Adventurous | Adaptable | Animated | Analytical |
| :---: | :---: | :---: | :---: | :---: |
| 2 | Persistent | Playful | Persuasive | Peaceful |
| 3 | Submissive | Self-sacrificing | Sociable | Strong-willed |
| 4 | Considerate | Controlled | Competitive | Convincing |
| 5 | Refreshing | Respectful | Reserved | Resourceful |
| 6 | Satisfied | Sensitive | Self-reliant | Spirited |
| 7 | Planner | Patient | Positive | Promoter |
| 8 | Sure | Spontaneous | Scheduled | Shy |
| 9 | Orderly | Obliging | Outspoken | Optimistic |
| 10 | Friendly | Faithful | Funny | Forceful |
| 11 | Daring | Delightful | Diplomatic | Detailed |
| 12 | Cheerful | Consistent | Cultured | Confident |
| 13 | Idealistic | Independent | Inoffensive | Inspiring |
| 14 | Demonstrative | Decisive | Dry Humor | Deep |
| 15 | Mediator | Musical | Mover | Mixes Easily |
| 16 | Thoughtful | Tenacious | Talker | Tolerant |
| 17 | Listener | Loyal | Leader | Lively |
| 18 | Contented | Chief | Chartmaker | Cute |
| 19 | Perfectionist | Pleasant | Productive | Popular |
| 20 | Bouncy | Bold | Behaved | Balanced |
| 21 | Blank | Bashful | Brassy | Bossy |
| 22 | Undisciplined | Unsympathetic | Unenthusiastic | Unforgiving |
| 23 | Reticent | Resentful | Resistant | Repetitious |
| 24 | Fussy | Fearful | Forgetful | Frank |
| 25 | Impatient | Insecure | Indecisive | Interrupts |
| 26 | Unpopular | Uninvolved | Unpredictable | Unaffectionate |
| 27 | Headstrong | Haphazard | Hard to Please | Hesitant |


| 28 | Plain | Pessimistic | Proud | Permissive |
| :---: | :---: | :---: | :---: | :---: |
| 29 | Angered Easily | Aimless | Argumentative | Alienated |
| 30 | Naive | Negative Attitude | Nervy | Nonchalant |
| 31. | Worrier | Withdrawn | Workaholic | Wants Credit |
| 32 | Too Sensitive | Tactless | Timid | Talkative |
| 33 | Doubtful | Disorganized | Domineering | Depressed |
| 34 | Inconsistent | Introvert | Intolerant | Indifferent |
| 35 | Messy | Moody | Mumbles | Manipulative |
| 36 | Slow | Stubborn | Show-off | Skeptical |
| 37 | Loner | Lord-overothers | Lazy ${ }^{\text {• }}$ | Loud |
| 38 | Sluggish | Suspicious | Shorttempered | Scatterbrained |
| 39 | Revengeful | Restless | Reluctant | Rash |
| 40. | Compromising | Critical | Crafty | Changeable |

## Personality Scoring Sheet

## Stengths

|  | SANGUINE POPULAR | $\begin{array}{\|\|c\|c\|} \hline \text { CHOLERIC } \\ \text { POWERFUL } \end{array}$ | $\begin{array}{\|c\|} \hline \text { MELANCHOLY } \\ \text { PERFECT } \\ \hline \end{array}$ | PHLEGMATIC PEACEFUL |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Amimated | Adventurous | Analytical | Adaptable |
| 2 | Playful | Persuasive | Persistent | Peaceful |
| 3 | Sociable | Strongwilled | Self-sacrificing | Submissive |
| 4 | Convincing | Competitive | Considerate | Controlled |
| 5 | Refreshing | Resourceful | Respectful | Reserved |
| 6 | Spirited | Self-reliant | Sensitive | Satisfied |
| 7 | Promoter | Positive | Planner | Patient |
| 8 | Spontaneous | Sure | Scheduled | Shy |
| 9 | Optimistic | Outspoken | Orderly | Obliging |
| 10 | Funny | Forceful | Faithful | Friendly |
| 11 | Delightful | Daring | Detailed | Diplomatic |
| 12 | Cheerful | Confident | Cultured | Consistent |


| 13 | Inspiring | Independent | Idealistic | Inoffensive |
| :---: | :---: | :---: | :---: | :---: |
| 14 | Demonstrative | Decisive | Deep | Dry Humor |
| 15 | Mixes Easily | Mover | Musical | Mediator |
| 16 | Talker | Tenacious | Thoughtful | Tolerant |
| 17 | Lively | Leader | Loyal | Listener |
| 18 | Cute | Chief | Chartmaker | Contented |
| 19 | Popular | Productive | Perfectionist | Pleasant |
| 20 | Bouncy | Bold | Behaved | Balanced |
|  | TOTALS | TOTALS | TOTALS | TOTALS |

## Weaknesses

|  | SANGUINE POPULAR | CHOLERIC POWERFUL | MELANCHOLY PERFECT | PHLEGMATIC PEACEFUL |
| :---: | :---: | :---: | :---: | :---: |
| 21 | Brassy | Bossy | Bashful | Blank |
| 22 | Undisciplined | Unsympathetic | Unforgiving | Unenthusiastic |
| 23 | Repetitious | Resistant | Resentful | Reticent |
| 24 | Forgetful | Frank | Fussy | Fearful |
| 25 | Interrupts | Impatient | Insecure | Indecisive |
| 26 | Unpredictable | Unaffectionate | Unpopular | Uninvolved |
| 27 | Haphazard | Headstrong | Hard-to-please | Hestitant |
| 28 | Permissive | Proud | Pessimistic | Plain |
| 29 | Angeredeasily | Argumentative | Alienated | Aimless |
| 30 | Naive | Nervy | Negative Attitude | Nonchalant |
| 31 | Wants Credit | Workaholic | Withdrawn | Worrier |
| 32 | Talkative | Tactless | Too Sensitive | Timid |
| 33 | Disorganized | Domineering | Depressed | Doubtful |
| 34 | Inconsistent | Intolerant | Introvert | Indifferent |
| 35 | Messy | Manipulative | Moody | Mumbles |
| 36 | Show-off | Stubborn | Skeptical | Slow |
| 37 | Loud | Lord-overothers | Loner | Lazy |
| 38 | Scatterbrained | Shorttempered | Suspicious | Sluggish |
| 39 | Restless | Rash | Revengeful | Reluctant |
| 40 | Changeable | Crafty | Critical | Compromising |
|  | TOTALS | TOTALS | TOTALS | TOTALS |

## PERSONALITY PROFILE RESULTS

## Stengths / Weaknesses Results Page

Your Strengths

|  | SANGUINE-POPULAR | CHOLERIC- POWERFUL |
| :---: | :---: | :---: |
| EMOTIONS | Appealing Personality Talkative, Storyteller Life of the Party Lives in the Present Memory for Color Physically Holds On to Listener <br> Emotional and Demonstrative <br> Enthusiastic and Expressive Cheerful and Bubbling Over Curious <br> Sincere at Heart <br> Good On Stage <br> Always a Child <br> Wide-eyed and Innocent <br> Changeable Disposition | Born Leader <br> Dynamic and Active <br> Compulsive Need of <br> Change <br> Must Correct Wrongs <br> Strong-willed and <br> Decisive <br> Unemotional <br> Not Easily Discouraged <br> Independent and Self- <br> Sufficient <br> Exudes Confidence <br> Can Run Anything |
| WORK | Volunteers for Jobs Thinks Up New Activities Looks Great on the Surface Creative and Colorful Has Energy and Enthusiasm Starts in a Flashy Way Inspires Others to Join Charms Others to Work | Goal Orientated <br> Sees the Whole Picture <br> Organizes Well <br> Seeks Practical Solutions <br> Moves Quickly to Action <br> Delegates Work <br> Insists on Production <br> Makes the Goal <br> Stimulates Activity <br> Thrives on Opposition |


|  | SANGUINE-POPULAR | CHOLERICPOWERFUL |
| :---: | :---: | :---: |
| EMOTIONS | Compulsive Talker <br> Exaggerates and Elaborates <br> Dwells on Trivia <br> Can't Remember Names <br> Scares Others Off <br> Never Grows Up <br> Too Happy For Some <br> Has Restless Energy <br> Egotistical <br> Seems Phony to Some <br> Blusters and Complains <br> Naive, Gets Taken In <br> Has Loud Voice and Laugh <br> Controlled by Circumstances | Bossy <br> Impatient <br> Quick-tempered <br> Can't Relax <br> Too Impetuous <br> Enjoys Controversy and <br> Arguments <br> Won't Give Up when <br> Losing <br> Comes On to Strong <br> Inflexible <br> Is Not Complimentary <br> Dislikes Tears and <br> Emotions <br> Is Unsympathetic |
| WORK | Would Rather Talk Forgets Obligation Doesn't Follow Through Confidence Fades Fast Undisciplined Priorities Out of Order Decides by Feelings Easily Distracted Wastes Time Talking Demands Loyalty in the Ranks | Little Tolerance for Mistakes <br> Doesn't Analyze Details <br> Bored by Trivia <br> May Make Rash <br> Decisions <br> May be Rude or Tactless <br> Manipulates People <br> Demanding of Others <br> End Justifies the Means <br> Work May Become His <br> God |
| FRIENDS | Hates to be Alone Needs to be Center Stage Wants to be Popular Looks for Credit Dominates Conversations Interrupts and Doesn't Listen <br> Answers for Others Fickle and Forgetful Makes Excuses Repeats Stories | Tends to Use People Dominates Others Decides for Others Knows Everything Can Do Everything Better Is Too Independent Possessive of Friends and Mate Can't Say "I'm Sorry" May be Right, but Unpopular |


| FRIENDS | Makes Friends Easily Seems Exciting Loves People Envied by Others Thrives on Compliments Doesn't Hold Grudges Apologizes Quickly Prevents Dull Moments Likes Spontaneous Activities | Has Little Need for Friends Will Work for Group Activity Will Lead and Organize Is Usually Right Excels in Emergencies |
| :---: | :---: | :---: |
|  | MELANCHOLYPERFECT | PHLEGMATICPEACEFUL |
| EMOTIONS | Deep and Thoughtful <br> Analytical <br> Serious and Purposeful <br> Genius Prone <br> Talented and Creative <br> Artistic or Musical <br> Philosophical and Poetic <br> Appreciative of Beauty <br> Sensitive to Others <br> Self-sacrificing <br> Idealistic | Low-key Personality <br> Easygoing and Relaxed <br> Calm, Cool and <br> Collected <br> Patient, Well Balanced <br> Consistent Life <br> Quiet, but Witty <br> Sympathetic and Kind <br> Keeps Emotions Hidden <br> Happily Reconciled to <br> Life <br> All-purpose Person |
| WORK | Schedule Orientated <br> Perfectionist, High <br> Standards <br> Detail Conscious <br> Persistent and Thorough <br> Orderly and Organized <br> Neat and Tidy <br> Economical <br> Sees the Problem <br> Finds Creative Solutions <br> Needs to Finish What <br> $\mathrm{He} /$ She Starts <br> Likes Charts, Graphs, <br> Figures, Lists | Competent and Steady Peaceful and Agreeable Has Administrative Ability Mediates Problems Avoids Conflicts Good Under Pressure Finds the Easy Way |
| FRIENDS | Makes Friends Cautiously <br> Content to Stay in <br> Background <br> Avoids Causing Attention <br> Faithful and Devoted <br> Will Listen to Complaints <br> Can Solve Others Problems <br> Deep Concern for Other <br> People <br> Moved to Tears with <br> Compassion Seeks Ideal <br> Mate | Easy to Get Along With Pleasant and Enjoyable Inoffensive Good Listener Dry Sense of Humor Enjoys Watching People Has Many Friends Has Compassion and Concern |


|  | MELANCHOLYPERFECT | PHLEGMATIC- <br> PEACEFUL |
| :---: | :---: | :---: |
| EMOTIONS | Remembers the Negatives <br> Moody and Depressed <br> Enjoys Being Hurt <br> Self-centered <br> Has False Humility <br> Too Introspective <br> Low Self Image <br> Has Selective Hearing <br> Persecution Complex <br> Tends to Hypochondria <br> Off in Another World <br> Guilt Feelings | Unenthusiastic Fearful and Worried Indecisive Avoids Responsibility Quiet Will of Iron Selfish <br> Too Shy and Reticent Too Compromising Self-righteous |
| WORK | Not People Orientated Depressed Over Imperfections <br> Chooses Difficult Work <br> Hesitant to Start <br> Spends Too Much Time <br> Planning <br> Prefers Analysis to Work <br> Self-depreciating <br> Hard to Please <br> Standards Often Too High <br> Deep Need for Approval | Not Goal Orientated Lacks Self-Motivation Hard to Get Moving Projects Resents Being Pushed Lazy and Careless Discourages Others Would Rather Watch |
| FRIENDS | Lives Through Others Insecure Socially <br> Withdrawn and Remote <br> Critical of Others <br> Holds Back Affection <br> Dislikes Those in Opposition <br> Suspicious of People <br> Antagonistic and Vengeful <br> Unforgiving <br> Full of Contradictions <br> Skeptical of Compliments | Dampens Enthusiasm Stays Uninvolved Is Not Exciting Indifferent to Plans Judges Others Sarcastic and Teasing Resists Change |

