

Evaluating your gifts. Take one (or more) of your gifts listed on the other side of this page. Write it below.

My gift is: _____

Trace the development of your gift by recording on the scale below the age at which your gift was:

nonexistent beginning underway improving better good excellent

Because we are not pure spirit, our spiritual gifts must operate through our natural selves. From the checklist on the other side of this page choose some of your *natural* gifts. Write them in the left-hand column below. Then, match up *spiritual* gifts which find expression through each natural gift. Consider how any spiritual gift could work through a number of natural gifts and how a natural gift could accomplish a spiritual purpose.

Natural gifts

Spiritual gifts

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

To talk about.

- How does believing that I have been gifted for a purpose affect the amount of good I do?
- What am I saying to God if I don't use his gifts?
- Which is true: Everyone has a unique gift; every gift of each person is unique? Why?

Unlike the material gifts we receive from others, the gifts we receive from God do not wear out but develop as we grow. This exercise is designed to help you reflect on the gifts you have.

Your natural gifts. Check your specialties:

- | | |
|---------------------------------------|---|
| <input type="checkbox"/> cooking | <input type="checkbox"/> talking |
| <input type="checkbox"/> writing | <input type="checkbox"/> dramatics |
| <input type="checkbox"/> art | <input type="checkbox"/> singing |
| <input type="checkbox"/> music | <input type="checkbox"/> schoolwork |
| <input type="checkbox"/> sports | <input type="checkbox"/> comforting |
| <input type="checkbox"/> baby-sitting | <input type="checkbox"/> praying |
| <input type="checkbox"/> cleaning | <input type="checkbox"/> organizing |
| <input type="checkbox"/> sewing | <input type="checkbox"/> helping others |
| <input type="checkbox"/> math | <input type="checkbox"/> mechanics |
| <input type="checkbox"/> selling | <input type="checkbox"/> gardening |
| <input type="checkbox"/> nursing | <input type="checkbox"/> boating |
| <input type="checkbox"/> listening | <input type="checkbox"/> horseback riding |
| <input type="checkbox"/> teaching | <input type="checkbox"/> other (list) |

Your spiritual gifts. St. Paul writes that the Spirit's presence is shown in some way in each person in spiritual gifts. Circle those you think you have:

- | | |
|----------------------|---------------------|
| wisdom | encouragement |
| knowledge | sincerity |
| counseling | working hard |
| love | sharing belongings |
| perseverance | humility |
| hope | feeding others |
| helping others | miracles |
| authority | preaching |
| respect | interpretation |
| praying | patience |
| understanding others | kindness |
| peacefulness | teaching |
| faith | listening |
| healing | serving |
| tongues | joy |
| generosity | welcoming newcomers |
| truthfulness | forgiveness |
| prophecy | doing good |

(See 1 Corinthians 12:4-12, 14, 30; 1 Corinthians 13—14; Romans 12.)

More gifts. The *fruits of the Spirit* (see Galatians 5:22-23) are those qualities that result from a habit of listening to the inspirations we receive from God. Circle those you have felt in your life:

- | | |
|-------------------|------------|
| love | generosity |
| joy | faith |
| peace | mildness |
| patient endurance | chastity |
| kindness | |

Some people insist that our natural talents are not to be considered the same as our "spiritual gifts." Do you agree or not? Why?

Add any other gifts you have (whistling, telling jokes, finding things):

_____	_____
_____	_____
_____	_____