

EVERYDAY LIFE-con't

Activity 3-B-16 "A Fantasy Trip Survival"

A FANTASY TRIP -SURVIVAL

PURPOSE: To enable group members to discover and evaluate the values and priority systems in their present lifestyles.

PROCEDURE: The session is divided into three parts: preliminary-with everyone working on their own, small-group interaction, and consensus-building. The first stage is to make group members to analyze their values by choosing items that they feel would be indispensable for their own personal lifestyle. Leader asks everyone to close their eyes and imagine themselves packing for a trip to an uncivilized continent to start life over. They should think of ten things they would want to take with them, and they are free to put down things that would even be impractical in a primitive society. The leader then informs them that they can now only take five of those ten items- so they should select the five things most important to them. The group then gets together and each person shares the five items they would take along, and explains why. After everyone has gone, the leader may then initiate the third stage of the exercise, which is designed to encourage teamwork. The group should try and agree as a whole, upon the basic items needed for creating the new community, this is usually done best by voting as a group on several nominated items.